## MVP HEALTH CARE STOCKADE-ATHON ENTRY FORM

Online registration is easy - and preferred. Visit www.stockadeathon.com to sign up.

1. Check your event: $\square 15 \mathrm{~K} \quad \square 1 / 2$ Mile Kids Run (submit separate entry for each child)
2. Personal Information


## 3. Waiver

## Please read carefully:

I know that running a road race is a potentially hazardous activity. I attest that I am physically fit and sufficiently trained to compete in this event. I assume all the risks associated with running in this event, including but not limited to falls, the effects of weather including hypothermia, traffic and conditions of the road. Having read this waiver and in consideration of your acceptance of my entry, I for myself and anyone acting on my behalf, waive and release the Hudson Mohawk Road Runners Club, the City of Schenectady, MVP Health Care, Fleet Feet Sports, the Schenectady YMCA, and USA Track \& Field, Inc., their representatives, officials, and successors from all claims or liabilities of any kind arising out of my participation in this event, even though liability may arise out of negligence or carelessness on the part of the organizations named in this waiver and/or their volunteers or employees. I also understand that: (1) wearing headphones, earbuds or other listening devices during the race is discouraged and may compromise my safety by limiting my ability to hear instructions from race officials and warnings from vehicles that share city roadways; (2) running with strollers or animals is prohibited; and (3) there is a 2-hour course cutoff. The roads are reopened on a rolling basis for paces slower than 12:52 (a $\sim 2: 0015 \mathrm{~K}$.) If you are running slower than this pace, you will be asked to move to the sidewalk. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, video, or any other record of this event for advertisement or other legitimate purposes.

## Signature

Parent's Signature (if under age 18)

## Date

Date
4. Entry Fees Mark box for correct entry fee (NON-REFUNDABLE AND NON-TRANSFERABLE)

15K Military Veteran Anytime
15K Early HMRRC
15K Early Entry
15K Standard HMRRC
15K Standard Entry
15K Last Chance
$1 / 2$ Mile Kids Run
I'm competing in the Clydesdale division (males 195 lbs . and up)
I'm competing in the Athena division (females 150 lbs . and up)
5. Payment

Make checks payable to:
Mail to:

HMRRC/Stockade-athon
HMRRC/Stockade-athon, P.O. Box 12304, Albany NY 12212
\$35
HMRRC Members Only \$35
All Other Entrants $\$ 40$
HMRRC Members Only $\$ 40$
All Other Entrants \$45
All Entrants
Separate entry for each child
\$50
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