

Winter Series #3 - Jan 12, 2025 - SUNY/Albany - 10AM
10K - 30F Sunny Good Footing

1	38:04 Chuck	Terry	M	42	Albany
2	38:10 Christopher	Miedema	M	33	Pattersonville
3	39:35 Tim	Russell	M	35	Saratoga Springs
4	41:15 Tim	James	M	45	Berne
5	41:25 Matthew	Marsh	M	38	Tyringham, MA
6	43:40 Ryan	McCann	M	49	Albany
7	43:45 Patrick	Murphy	M	20	Delmar
8	44:29 Oswaldo	Rodriguez	M	46	Gansevoort
8	44:54 Ekika	Martin	F	44	Albany
10	44:59 Brian	DeBraccio	M	59	Schenectady
11	44:45 Dave	Thoman	M	38	Albany
12	45:30 Lauren	Scarupa	F	33	Albany
13	46:00 Dan	Murphy	M	50	Delmar
14	46:26 Jeffrey	Krywanczyk	M	39	Rennselaer
15	46:46 Braedan	Waters	M	17	Schenectady
16	46:54 Thomas	Dansereau	M	37	Troy
17	47:29 Dylan	Hedderman	M	32	Albany
18	48:12 William	Grady	M	29	Albany
19	48:14 Danielle	Eckler	F	31	Troy
20	48:16 Robert	Ordish	M	39	Niskayuna
21	48:20 Loren	Thomas	M	40	SCHENECTADY
22	48:45 Meaghan	Podlaski	F	27	Albany
23	48:57 Neil	Sergott	M	53	Clifton Park
24	49:31 Mercedes	Planavsky	F	25	Albany
26	50:03 Kelsey	Wingate	F	33	Niskayuna
27	50:03 Adam	Wingate	M	34	Niskayuna
28	50:06 John	Evans	M	31	Albany
29	50:43 Jamie	Casline	M	65	Ballston Lake
30	50:46 Nick	Demos	M	60	Ballston Lake
31	51:02 Mark	Nunez	M	68	Ballston Lake
32	51:05 Mike	OToole	M	49	Mechanicville
33	51:08 Gary	Shelnutt	M	62	Troy
34	51:14 Nicholas	Funk	M	25	Kinderhook
35	51:11 Josh	Overrocker	M	29	Albany
36	51:25 Laurie	Carter	F	45	Averill Park
37	52:00 Caroline	Pangrace	F	38	Albany
38	51:58 Felip	Smith	M	23	Schenectady
39	52:10 Emily	Nugent	F	25	Albany
40	52:11 Laurie	Hoyt	F	58	Schenectady
41	52:18 Shaw	Patton	M	36	Albany
43	52:22 Rachel	Yorke	F	21	Summit
44	52:32 ??	Koohs	M	50	Rotterdam
45	52:44 Daniel	McConnelee	M	45	Pattersonville
46	52:42 Terence	Cordner	M	41	Altamont
47	52:57 David	Halloran	M	52	Colonie
48	52:58 Bart	Trudeau	M	62	Latham

49	52:18	Chris	Carter	M	46	Averill Park
50	53:30	Krystina	Diamond	F	33	Latham
51	54:07	Bill	Moreland	M	59	Latham
52	54:12	Laura	Rickmyre	F	40	Schenectady
53	54:39	Stephen	Jones	M	70	Averill Park
54	55:24	Denis	Cote	M	54	East Berne
55	55:48	Robert	Diamond	M	33	Latham
56	56:06	Cailin	Brennan	F	46	Guilderland
57	56:13	Jason	Pensabene	M	48	Latham
58	56:14	Pamela	Delsignore	F	55	South Glens Falls
59	56:45	Elan	Schlossberg	M	43	Latham
60	57:34	Nicola	Macneil	F	51	Rotterdam Junction
61	57:43	Glenn	Berninger	M	61	Kinderhook
62	58:00	Don	Welsh	M	60	albany
63	58:00	Angel	Hernandez	M	29	Amsterdam
64	58:05	Michael	Wright	M	71	Albany
65	59:29	Nicole	Russell	F	32	Troy
66	58:31	John	Sestito	M	61	Johnsonville
67	58:32	Jennifer	Richardson	F	44	Albany
68	58:43	Mark	Agostino	M	50	Glenville
69	59:05	Ravi	Chauhan	M	48	Albany
70	59:35	Jayme	Torelli	F	42	Glenmont, NY
71	59:51	Jennifer	Newman	F	40	Albany
72	59:51	Stefa	Smith	M	54	Scotia
73	59:49	Stacie	Agostino	F	42	Glenville
74	59:51	Richard	Desharnais	M	67	Northville
75	1:00:05	Melanie	Redfield	F	31	Albany
76	1:00:07	Sarah	Vogel	F	55	Slingerlands
77	1:00:07	Samantha	Ryan	F	29	Albany
78	1:00:20	Steve	Vnuk	M	69	Delmar
79	1:00:19	James	Christian	M	42	Berne
80	1:00:58	Lizette	Arroyo	F	60	Schenectady
81	1:01:03	Carolyn Burke	George	F	71	Albany
82	1:01:13	Anne	Hurley	F	61	Delmar
83	1:01:40	Arslan	Basharat	M	45	Ballston Lake
84	1:01:50	Naseer A	Chowdhrey	M	57	Niskayuna
85	1:02:06	Lauren	Herbs	F	62	Rexford
86	1:02:07	Jennifer	Ferriss	F	53	Saratoga Springs
87	1:02:08	Kristina	Rao	F	34	Burnt Hills
88	1:02:09	Karen	Dott	F	68	Colonie
89	1:02:17	Rui	Chen	F	49	Clifton park
90	1:02:17	Lauren	Oertel	F	28	Latham
91	1:02:18	Waseem	Faidi	M	51	Schenectady
92	1:02:22	John	Brunner	M	58	Schenectady
93	1:02:45	Lisa	Grabbe	F	43	Glens Falls
94	1:03:10	Dave	Glass	M	78	Glenville
95	1:03:21	Mary	Carlson	F	60	Niskayuna
96	1:03:21	Daniel	Carlson	M	61	Niskayuna

97	1:03:54	Jason	Manguino	M	38	Baltimore,MD
98	1:04:00	Lindsay	McConnelee	F	43	Pattersonville
99	1:04:00	Elise	Netoskie	F	28	Schenectady
100	1:04:08	Valerie	Dunn	F	35	Schenectady
101	1:04:09	Kathleen	Dougherty	F	60	Troy
102	1:04:32	John	Dziedzynski	M	60	Niskayuna
103	1:05:00	Carmelo	Rao	M	67	Burnt Hills
105	1:05:27	Julie	Hernandez	F	25	Amsterdam
106	1:06:01	Martin	Touhey	M	72	Albany
107	1:06:05	Melissa	Carroll	F	41	East Greenbush
108	1:06:10	Mary	Maher	F	39	Mechanicville
109	1:06:11	Michael	Maher	M	45	Mechanicville
110	1:06:21	Jen	Galeo	F	44	Halfmoon
111	1:06:24	Kara	Deiana	F	38	Rensselaer
112	1:06:28	Mark	Macutek	M	61	Loudonville
113	1:06:45	Linda	DeDominicis	F	56	Menands
114	1:06:48	Jennifer	Ward	F	31	Albany
116	1:07:08	Emberly	Cloutier	F	30	Amsterdam
117	1:07:20	Amelia	Levesque	F	26	Troy
118	1:06:41	Matt	Richmond	M	29	Green Island
119	1:09:12	Vibhu	Sharma	M	50	Delmar
120	1:09:32	Pam	Eistertz	F	32	Castleton on Hudson
121	1:09:45	George	Gilder	M	85	Tyringham
122	1:09:52	Jessica	Habel	F	30	Albany
123	1:09:52	Katriona	Blezy	F	28	Delmar
124	1:10:00	Sarah	Dyal	F	28	Saratoga Springs
125	1:10:22	Amy	Fehringer	F	49	Guilderland
126	1:10:29	TuAnh	Turnbull	F	46	Guilderland
127	1:10:37	Steve	Sutton	M	55	Clifton Park
128	1:10:37	Maggie	Hambrose	F	28	Glenmont
129	1:10:38	Monica	Rouse	F	28	Albany
130	1:11:40	Denis	Hurley	M	61	Delmar
131	1:11:41	Hieu	Feldman	F	25	Albany
132	1:11:44	Karen	Cutler	F	43	Castleton
133	1:14:47	Laura	Rickmyre	F	65	Schenectady
134	1:15:56	Renée	Behrens	F	41	Niskayuna
135	1:15:56	Elisa	Schneider	F	58	Troy
136	1:17:26	Timothy	Doyle	M	54	East Greenbush
137	1:18:27	Mary	Verostek	F	64	BALLSTON SPA
138	1:19:00	Suzanne	Nealon	F	74	Saratoga
139	1:20:03	Michelle	CHING	F	64	Clifton Park
140	1:23:46	Ed	Bown	M	83	Gloversville
141	1:26:50	Pilar	Arthur-Snead	F	53	Albany
142	1:26:53	Charles	Snead	M	60	Albany
143	1:29:25	Jenny	Lee	F	64	Selkirk
144	1:40:00	Elena	Razenko	F	48	Saratoga Springs
145	1:42:52	Jack	Armitage	M	64	Latham
146	1:42:57	Raymond	Lee, Jr	M	82	Halfmoon