



Hudson Mohawk Road Runners Club

Board Meeting

Point of Woods Community Center

October 11, 2017

Attendance: Marcia Adams, Thomas Adams, Frank Broderick, Maureen Cox, Ray Lee, Ed Neiles, Ray Newkirk, Brian Northan, Jessica Northan, Jon Rocco, Cathy Sliwinski, Jim Tierney, Nick Webster.

1. **Call to Order (Ray Newkirk):**

Approval of September 20, 2017 minutes. Motion to approve minutes made by Marcia Adams and seconded by Jon Rocco. Motion passed.

2. **Reports of Officers**

2.1 President (Ray Newkirk):

Ray congratulated Maureen Cox for the excellent job on the marathon and half marathon.

He is actively looking for replacing Lara as an administrative assistant.

Ray raised the idea of having quarterly meetings in a restaurant or setting such as the Orchard since it seems to be well received. A discussion ensued with the majority of the Board in agreement.

Ray discussed the concept of a financial reserve for the club. The first step will take some time to determine the reserve needed. He also feels the Board should be discussing more long term strategies.

2.2 Executive Vice President (Frank Broderick)

One of the issues regarding grants is that they are to benefit all runners. The concept of broadening this scope so that worthy grants may be considered, even if their scope is narrower. It was decided that the Grant Committee should discuss and provide input to the Board.

2.3 Executive Vice President – Finance (N. Webster)

Nick met with Chris and is working on the budget for next month's meeting.

2.4 Vice President for Running Events (J. Rocco):

Since the last meeting, weeks 2 and 3 of Tawsentha XC were completed. A total of 377 participated in the 3 week series compared to 433 last year and 403 the prior year. Week #2 was a Grand Prix and had the highest participation with 143. We had different winners each week. Thanks to John Kinnicutt for directing and to all volunteers.

A 2017 Summer participation numbers chart was handed out and reviewed (see attached). It was noted that the Dynamic Duo numbers were down by half for no particular reason.

The SEFCU Labor Day 5K, in its 32nd year, was held on September 2 with a new venue and a new date for the 1st and last time. SEFCU, basically unilaterally moved the date and venue and renamed the event Operation Fitness comprised of a 5K and Strength and Condition Team Challenge. Given the change in date and venue, the numbers were down with a low of 170 finishers compared to 272 and 326 the past 2 years. SEFCU had decided to continue Operation Fitness event at UAlbany in May or June and will not be participating in the race. HMRRRC will continue with the Labor Day race without SEFCU sponsorship. Anthony Giuliano repeated from 2016 and ran 15:50. Jessy Montrose for the women won in 19:03. This was a Grand Prix event. Thanks to John Parisella for directing and all volunteers who helped out.

The Anniversary run was held on September 17 with two events: 2.95 M and 5.9 Mile with the 5.9 being a Grand Prix event. A total of 97 finishers, up from last year's 63 and down from 117, the prior year. The 2.95M had 28 finishers – Brittany Iles won overall, Jim Reed for the men. The 5.9M had 69 finishers with Dan Jordy winning along with Karen Bertasso for the women winning for three straight years. Thanks to Dave Glass in his directing debut and to the volunteers.

On October 1, the Town of New Scotland 7.1M race was held. The winner was Jim Sweeney for the men and Irene Somerville for the women. There were 67 finishers, up from 54 last year and 49 the year prior. It was a Grand Prix event for under 40 years old. Four men and four women scored in the open while 6 men scored in the 30-39 and 4 women in the 30-39. Two-thirds of the field was over 40. Thanks to race directors Ed Hampston, Todd Smith, and Martha Gohlke and the volunteers. In 2018, the plan is to move the race 3 weeks later, midway between the Marathon and the Stockade-athon.

On October 8, the marathon and half marathon were run under tough conditions – 71 degrees at the start, humid and with a heavy rain at the onset.

This is the 16th year of the Hanaford Half with a record number of finishers – 949 besting 2015's 935 and 2016's 915. The winner was Tyler Andrews (VA) in 1:07:33. He won the Marathon last year with record time of 2:15:52. Second place was Louis Serafini (MA – formerly Niskayuna) in a time of 1:08:53. He was second to Tyler last year in the marathon and he won the Half in 2015. Of the top 5, each was from a different state. For the women, Karen Auteri (NJ) finished in 1:25:3 besting Danielle Klein (MA) at 1:26:19.

In the 35th year for the marathon, there were 890 finishers, down from last year's 1,113 and 2015 (record year) of 1,145. The winner was 'Matt Rand (Valley Stream) in 3:27:25, 3.5 minutes in from of runner up Phil Harris (2:31:13). They were 2 seconds apart at the half and Matt ran a negative split – the second half was 2:07 minutes quicker. For the women, Alanna Poretta (NYC) ran 2:59:46 and finished nearly 5 minutes ahead of runner-up Rebecca Trachsel (age 42). Thanks to Maureen Cox, the coordinators and nearly 400 volunteers. The Expo this year was held at the new Albany Capital Center and was well received. HMRRRC had a booth; signed up 20 runners for the Stockade-athon and gave a discount code to others for sign up on line that day.

There was a race committee meeting held on Monday, September 25 to firm up the 2018 race schedule. All race directors are on board from 2017. The Committee discussed and took a vote to eliminate the 3 Summer Series track events held on Thursdays. By a vote of 20-2, including 2 of the 2 of the race directors that were present, and 5 of 5 current Board Members there, it was decided in favor of elimination. Outstanding items is deciding whether to keep Town of New Scotland 7.1M as the GP for under 40 or going with the Delmar Dash in April. Jon is firming up runner waiver language for the smaller event to include no refunds/no transfers, and permission on photos/videos.

The 2018 race schedule will be sent to Media Well Done for preparation of the 2018 brochure and Jon will start adding Winter Series events to the 2018 website calendar. There will be a Stockade-athon Coordinators meeting in September and entries are up from last year, currently over 700.

2.5 Treasurer (J. Golden): See attached report. Total of general accounts: \$454,620.82

2.6 Treasurer of Running Events (C. Sliwinski): See attached report.

2.7 Secretary (M. Adams): No report

3. Reports of Committees

3.1 Membership (D. Fisher-Golden): (Not present; report e-mailed)

Total membership: 2,615

Change in membership: -3

New memberships: 42

Facebook followers: 2860, an increase of 11

Twitter followers: 286, +2 change

3.2 Volunteers (M. Adams):

Marcia is working on a proposal for next year. She had gone out with a questionnaire to volunteers and the race directors. She will be working on a plaque for the Distinguished Service awardees.

3.3 Public Relations (R. Moore): No report.

3.4 Website (E. Neiles):

Ed is setting up a meeting after the Stockade-athon with the designer and Ray to discuss further enhancements.

3.5 Conflicts Committee (N. Webster): No report.

The Conflict forms need to be reviewed and signed by everyone again. Everyone needs to sign it yearly.

3.6 Grants Committee (F. Broderick): No additional report.

3.7 Just Run Program (K. Skinner):

21 schools participating, including 5 new schools. The meeting will be November 2.

4. **Old Business:**

John Parisella has been elected as new member to the Hall of Fame. There were 5 strong candidates.

The special grant for Guilderland High School for \$5000 for a new speaker system was re-introduced for a vote. Guilderland has never charged for any race and is used for the Masters and also for the Just Run summer track meet. A discussion ensued. The motion passed unanimously.

5. **New Business:** none

Announcements: None

Refreshments: Cathy Sliwinski

Adjourn: Motion to adjourn made by Marcia Adams and seconded by Maureen Cox.