

# HOUR RUN

## SOUTH COLONIE CENTRAL HIGH SCHOOL 400 METER TRACK

(1 LAP = 0.2485 MILE)

JULY 13, 2017 - 6:15 PM

Cloudy and overcast sky, HUMID. 69 degrees F, 81% relative humidity; Overcast, w/occasional breaks in clouds

PLACE	Finishers Reporting		M/F	AGE	CITY	LAPS	ADDITION. (METERS)	DISTANCE (MILES)	PACE/ MILE		MIN/MILE
	NAME								(MIN)	(SEC)	
1	ANTHONY GIULIANO		M	38	NISKAYUNA	42	300	10.62	5 39	5.647923	
2	ROBERT IRWIN		M	44	GUILDERLAND	39	200	9.82	6 7	6.112625	
3	RYAN MOON		M	17	COLONIE	37	50	9.23	6 30	6.503668	
4	BRIAN NORTAN		M	42	GUILDERLAND	35	288	8.88	6 46	6.759482	
5	NICK ANDRADE		M	18	ALBANY	34	180	8.56	7 1	7.008670	
6	TODD MCAULEY		M	49	COLONIE	33	350	8.42	7 8	7.127637	
7	KATHLEEN BEEMAN		F	56	NISKAYUNA	30	100	7.52	7 59	7.981775	
8	DAVID ROWELL		M	65	ALBANY	28	250	7.11	8 26	8.434889	
9	MARTHA DEGRAZIA		F	66	SLINGERLANDS	26	50	6.49	9 15	9.242055	
10	PETER NEWKIRK		M	70	ALBANY	25	398	6.46	9 17	9.288274	
11	EDWIN LITTS		M	67	SCHENECTADY	24	20	5.98	10 2	10.03945	
12	WADE STOCKMAN		M	82	RENSSELAER	22	265	5.63	10 39	10.65411	
13	BOB PERRY		M	60	NISKAYUNA	22	0	5.47	10 58	10.97494	
14	RALPH FEINSTEIN		M	63	SCOTIA	21	0	5.22	11 30	11.49756	
15	KATHY PERRY		F	57	NISKAYUNA	20	300	5.16	11 38	11.63608	
16	ANNY STOCKMAN		F	85	RENSSELAER	19	200	4.85	12 23	12.38198	
17	EIKO BOGUE		F	80	SCHAGHTICOKE	18	250	4.63	12 58	12.96369	

### VOLUNTEERS:

Tom McGuire & Barbara Bradley, Co-Directors

Ken Klapp

Mark Warner

Laurel Petersen

Karen Dott

Wade Stockman

Ken Skinner