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Laboratory

33rd HMRRRC-Labor Day 5k
Central Park Schenectady
September 5, 2022

Directed by
HMRRRC

***** AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

1	Megan James	33	Charlton	NY	20:32
2	Charity McManaman	45	Schenectady	NY	22:43
3	Joy McManaman	43	Schenectady	NY	22:45

***** MALE OVERALL RESULTS *****

1	Alex Bianconi	22	Ballston Lake	NY	17:14
2	Chuck Terry	40	Albany	NY	17:31
3	Ben Heller	33	Troy	NY	18:45

MALE AGE GROUP: 00 - 19

1	35	Joshua Milone	14	Niskayuna	NY	24:11
2	46	Jackson Cooper	11	Burnt Hills	NY	25:32
3	61	Jake Washco	06	Waterford	NY	29:38

FEMALE AGE GROUP: 00 - 19

1	97	Nadia Hawrylchak	14	Guilderland	NY	36:07
2	101	Maddie Washco	06	Waterford	NY	36:48

MALE AGE GROUP: 20 - 24

1	9	Holden Maynard	23	Schenectady	NY	20:15
2	29	Sean Cordes	24	Latham	NY	23:41
3	64	Thomas Rennells	22	Schenectady	NY	29:55

FEMALE AGE GROUP: 20 - 24

1	65	Katie Birkholz	22	Schenectady	NY	29:56
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MALE AGE GROUP: 25 - 29

1	5	Andrew Berger	25	Troy	NY	19:43
2	21	Curtis Catron	27	Albany	NY	22:42
3	42	Andrew Head	26	clifton park	NY	24:48

FEMALE AGE GROUP: 25 - 29

1	32	Abigail Kopp	25	Albany	NY	23:55
2	59	Gearlyn Swald	25	Schenectady	NY	29:25
3	68	Elizabeth Selkis	27	Niskayuna	NY	30:10

MALE AGE GROUP: 30 - 34

1	27	Christopher Leavitt	34	Schenectady	NY	23:24
2	28	Evan Dwyer	33	Albany	NY	23:37
3	74	Cooper Nelson	32	Delmar	NY	30:35

FEMALE AGE GROUP: 30 - 34

1	45	Tatiana Belenky	32	Niskayuna, NY	NY	25:11
2	66	Edesse Murphy	31	Troy	NY	29:56
3	78	Elysia Calhoun	33	Schenectady	NY	30:51

MALE AGE GROUP: 35 - 39

1	4	Thomas Dansereau	35	Troy	NY	19:21
2	7	Kevin Zalaznik	37	Niskayuna	NY	20:00
3	15	Gregory Puerto	35	Schenectady	NY	21:20

FEMALE AGE GROUP: 35 - 39

1	38 Kathryn Kelly	36 Niskayuna	NY	24:33
2	44 Kelly Seymour	36 Burnt Hills	NY	25:03
3	75 Melissa Carroll	38 east greenbush ny	NY	30:35
MALE AGE GROUP: 40 - 44				
1	17 Joseph McManaman	41 Schenectady	NY	22:02
2	63 Michael Washco	43 Waterford	NY	29:41
3	86 Michael Hawrylchak	44 Guilderland	NY	32:17
FEMALE AGE GROUP: 40 - 44				
1	26 Kay Williams	42 Scotia	NY	22:59
2	41 Kim Donegan	41 Ballston Spa	NY	24:45
3	67 Sarah Messick-Milone	43 Niskayuna	NY	30:00
MALE AGE GROUP: 45 - 49				
1	6 Dan Cusach	48 Fultonville	NY	19:51
2	8 Ryan McCann	47 Albany	NY	20:08
3	10 Brian Northan	47 Guilderland	NY	20:28
FEMALE AGE GROUP: 45 - 49				
1	34 Jessica Northan	46 Guilderland	NY	24:07
2	37 Kacey Sornberger	47 Albany	NY	24:25
3	60 Ellen Gaethier	49 Schenectady	NY	29:26
MALE AGE GROUP: 50 - 54				
1	31 Jason Butler	51 Mohawk	NY	23:49
2	51 Bill Bartlett	52 Amsterdam	NY	28:51
3	79 John Bachandouris	54 RENSSELAER	NY	30:57
FEMALE AGE GROUP: 50 - 54				
1	69 Cheryl Lee	54 Clifton park	NY	30:12
2	71 Linda DeDominicis	54 Menands	NY	30:27
3	89 Kathleen Tersigni	51 Burnt Hills	NY	33:01
MALE AGE GROUP: 55 - 59				
1	13 Samuel Mercado	59 Saratoga Springs	NY	21:06
2	14 Ed Menis	57 Schenectady	NY	21:08
3	70 John Brunner	56 Schenectady	NY	30:22
FEMALE AGE GROUP: 55 - 59				
1	25 Lauren Hamilton	58 SCHENECTADY	NY	22:53
2	39 Laurie Hoyt	56 Schenectady	NY	24:37
3	57 Anne Hurley	59 Delmar	NY	29:19
MALE AGE GROUP: 60 - 64				
1	18 Russell Lauer	60 Troy	NY	22:07
2	48 Douglas Allers	62 Glenville	NY	28:21
3	88 Stephen Obermayer	61 Burnt Hills	NY	32:28
FEMALE AGE GROUP: 60 - 64				
1	84 Patricia Greenwood	64 Schenectady	NY	32:13
2	105 Grace Farrell	63 Albany	NY	38:01
3	121 Maryrose Walsh	64 Wynantskill	NY	43:31
MALE AGE GROUP: 65 - 69				
1	19 Stephen Jones	68 Averill Park	NY	22:17
2	22 Richard A. Munson	65 Prattsville	NY	22:42
3	36 Christopher Murphy	65 Scotia	NY	24:11
FEMALE AGE GROUP: 65 - 69				
1	50 Karen Gerstenberger	65 Albany	NY	28:46
2	53 Carolyn George	68 ALBANY	NY	29:00

3	55 Catherine A Sliwinski	67 Albany	NY	29:11
MALE AGE GROUP: 70 - 74				
1	33 David Rabinowitz	71 New York	NY	23:58
2	43 Paul Bennett	71 Latham	NY	24:51
3	47 John G. Silk	72 Stamford	NY	25:35
FEMALE AGE GROUP: 70 - 74				
1	56 Erika Oesterle	71 Stamford	NY	29:16
2	62 Martha DeGrazia	71 Slingerlands	NY	29:39
3	110 Alice Carpenter	72 Delmar	NY	38:38
MALE AGE GROUP: 75 - 79				
1	20 Dave Glass	76 Glenville	NY	22:36
2	76 Richard Baluch	77 Delanson	NY	30:36
3	87 Jim Fiore	75 Latham	NY	32:27
MALE AGE GROUP: 80 - 84				
1	96 Jim Moore	82 niskayuna	NY	35:04