

# The Colonie Mile - July 9, 2024

## Temperature 92F @ 6PM

Fname	Lname	age	gen	city	time
<b>Shaun</b>	<b>Donegan</b>	<b>38</b>	<b>M</b>	<b>Malta</b>	<b>4:38.9</b>
Isaac	Menis	23	M	Schenectady	4:46
Chuck	Terry	42	M	Albany	4:49
Joseph	Killian Jr	24	M	Troy	4:57
<b>Nicole</b>	<b>Moslander</b>	<b>37</b>	<b>F</b>	<b>Schenectady</b>	<b>5:03.7</b>
Thomas	O'Grady	39	M	Slingerlands	5:03.9
Connor	Price	25	M	Menands	5:10
Lisa	Chase	38	F	Delmar	5:15.8
Deven	McClendon	23	M		5:20
Eric	Young	31	M		5:26
Ben	Heller	35	M	Troy	5:26
Bob	Irwin	51	M	Guilderland	5:29.6
Colibn	Davis	15	M	Guilderland	5:30
Robbie	Diamond	33	M	Latham	5:31
Dylan	Hedderman	31	M	Waterford	5:34.3
Ryan	McCann	49	M	Albany	5:36
Greg	Ethier	50	M		5:38
Ed	Menis	59	M	Schenectady	5:41.4
Cortlandt	Tisch	28	M		5:53
Patrick	Smith	31	M	Salt Point	5:55
David	Hettrich	59	M	Delmar	5:57
Lauren	Scarupa	37	F	Albany	5:58
Jennifer	Bryant	42	F	Albany	6:03
Loren	Norfleet	25	F	Colonie	6:09
Russell	Lauer	61	M	Troy	6:09
Brian	Northan	49	M	Guilderland	6:11
Brianna	Mirabile	24	F	Albany	6:14
Megan	James	35	F	Charlton	6:21
Jayden	Amadan	13	F	Loudonville	6:25
Sarah	Raymond	17	F	Troy	6:30
Kiran	Manz	10	M	Ballston Lake	6:32
Brian	Sherras	67	M	West Ruport, VT	6:33
Daniel	Emerson	47	M	Tursunzoda, TJ	6:35
Paul	Salerni	67	M	Little Neck	6:39
Chris	Kurkjian	64	M	Ballston Lake	6:41
Avni	Prabhn	8	F	Halfmoon	6:58
Laurie	Hoyt	58	F	Schenectady	7:02
Mark	Nunez	67	M	Ballston Lake	7:09
Jessica	Northan	48	F	Guilderland	7:10.7
Denver	DeVries	14	M	Latham	7:15
Evie	Weiss	11	F	Loudonville	7:15
Keith	Weiss	42	M	Loudonville	7:16

Linda	Webber	33	F	Albany	7:20
David	Halloran	52	M	Colonie	7:24
Ken	Klapp	74	M	Guilderland	7:25
Teagan	Hallahan	38	F	Altamont	7:25
Paul	Bennett	73	M	Latham	7:35
Krystina	Diamond	32	F	Latham	7:37
Levi	Emerson	8	M	Tursunzoda, TJ	7:50
Eric	Jackson	69	M	Delmar	7:50
Manju	Prabhn	42	M	Halfmoon	8:17
Patricia	Greenwood	66	F	Schenectady	8:19
Karen	Dott	68	F	Colonie	8:21
John	Sheehy	66	M	Menands	8:26
Gordon	Magat	67	M	Cohoes	8:29
Linda	DeDominias	56	F	Menands	8:52
Christina	Raymond	53	F	Troy	9:17
Dakota	Wilkinson	25	F	Colonie	9:21
Naomi	Emerson	48	F	Ballston Spa	9:30.1
Valerie	Burger	28	F	Duanesburg	9:33
Jim	Fiore	76	M	Latham	9:54
Martha	DeGrazia	73	F	Slingerlands	10:09
Edwin	Litts	74	M	Schenectady	10:38
Ralph	Feinstein	70	M	Scotia	11:13
Emma	James	6	F	Charlton	11:58
Dennis	McKenna	58	M	Bethlehem	NT
Clare	Grejoire	11	F	Colonie	NT
Liam	Grejoire	7	M	Latham	NT
Fred	Clark	46	M		NT
Jamie	Weiss	46	F	Watervliet	NT
Will	Sheeier	10	M	Clifton Park	NT
Stella	Brarker	7	F	Mechanicville	NT
Adrienne	Barker	41	F	Mechanicville	NT
Nathaniel	Brown	12	M	Albany	NT