

44th Runnin' of the Green 5K  
 HMRRRC Grand Prix Event  
 USATF Certified Course  
 Rotterdam, NY March 16, 2024 10:00am

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1 Ryan Udvadia 27 Clifton Park NY 15:10  
 2 Sean McAneny 26 98 Winnie Stree AL 15:16  
 3 Charles Ragone 26 Niskayuna DE 15:37

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1 Nicole Moslander 36 Schenectady NY 17:46  
 2 Karen Bertasso-Hugh 39 Selkirk 17:56  
 3 Tricia Longo 34 Waterford NY 17:57

MALE AGE GROUP: 1 - 20

1 26 Jerry Ma 15 CLIFTON PARK NE 18:50  
 2 53 Jacob Larabee 18 Schenectady 21:21  
 3 69 Keiler MacNeal 20 Amsterdam NY 22:54

FEMALE AGE GROUP: 1 - 20

1 60 Abigail Stubbs 15 Schenectady NY 21:58  
 2 77 Sarah Raymond 17 Troy NY 23:54  
 3 98 Anne Stanavich 19 Amsterdam NY 26:25

MALE AGE GROUP: 20 - 29

1 5 Simon Powhida 26 Albany NY 15:49  
 2 8 Jacob Koplak 22 Delmar NY 16:29  
 3 9 Andrew Mongiat 26 Littleton NH 16:31

FEMALE AGE GROUP: 20 - 29

1 29 Sarah Cottone 29 Malta NY 18:52  
 2 31 Noreen Guilfoyle 24 Jefferson NY 18:59  
 3 39 Meg Champagne 25 Albany NY 19:42

MALE AGE GROUP: 30 - 39

1 4 Ricardo Estremera 38 Albany NY 15:43  
 2 6 Jonathan Lindenauer 36 BALLSTON LAKE NE 15:58  
 3 7 Shaun Donegan 38 Malta NE 16:12

FEMALE AGE GROUP: 30 - 39

1 22 Stefanie Berggren 31 Clifton Park NY 18:18  
 2 27 Lisa Chase 37 Delmar 18:50  
 3 33 Meghan Mortensen 38 Glenville NY 19:07

MALE AGE GROUP: 40 - 49

1 15 Joseph Sullivan 45 Schenectady NY 17:25  
 2 34 John Deer 41 Slingerlands NY 19:09  
 3 50 Daniel Murphy 49 Delmar NY 21:14

FEMALE AGE GROUP: 40 - 49

1 32 Meg Versteegen 45 Schenectady NY 19:06  
 2 48 Sarah Parks 43 Troy NY 21:06  
 3 61 Kay Williams 43 Scotia NY 22:04

MALE AGE GROUP: 50 - 59

1 25 Robert Irwin 51 Guilderland NY 18:45  
 2 30 Greg Ethier 50 Ballston Lake 18:53  
 3 43 Neil Sergott 52 Clifton Park NY 20:35

FEMALE AGE GROUP: 50 - 59

1 59 Alyssa Risko 58 Schenectady, NY NY 21:49  
 2 66 Laura Paolino 50 Burnt Hills 22:43  
 3 67 Kristen Hislop 59 Halfmoon NY 22:47

FEMALE AGE GROUP: 60 - 69

1 113 Patricia Greenwood 66 Schenectady NY 28:10  
 2 127 Joanne Richardson 63 Clifton Park NY 29:19  
 3 131 Colleen Walsh 67 Troy 29:54

MALE AGE GROUP: 60 - 69  
1 37 Derrick Staley 65 Ballston Lake NE 19:34  
2 49 John Sestito 60 Johnsonville NY 21:07  
3 56 David Roy 69 Schoharie NY 21:32  
MALE AGE GROUP: 70 - 79  
1 87 paul bennett 72 Latham 24:38  
2 95 Kenneth Klapp 74 Schenectady NY 25:38  
3 103 Dave Glass 77 Glenville NY 26:45  
FEMALE AGE GROUP: 70 - 79  
1 108 Erika Oesterle 72 Stamford NY 27:38  
2 143 Martha DeGrazia 73 Slingerlands NY 30:44  
3 155 Diane Anderson 73 Mechanicville NY 32:29  
FEMALE AGE GROUP: 80 - 99  
MALE AGE GROUP: 80 - 99  
1 168 Frank Klose 81 Castleton NY 35:19  
2 196 Raymond Lee, Jr 82 Halfmoon NY 48:22