

## RESULTS OF HUDSON-MOHAWK ROAD RUNNER'S CLUB - TUESDAY NITE TRACK MEET #2 - JULY 12, 2022

MENHigh School

|        |         |         |
|--------|---------|---------|
| 100M   | Davis   | 11.1    |
| 200M   | Gardner | 23.7    |
| 400M   | Poole   | 50.9    |
| 1 Mile | Richard | 4:31.2  |
| 2 Mile | Evans   | 12:01.8 |
| HJ     | Larry   | 6'      |
| LJ     | Foy     | 19'5"   |
| TJ     | Foy     | 38'1"   |
| SP     | Comino  | 43'8"   |
| Discus | Comino  | 132'11" |

Submasters (30-39)

|        |         |        |
|--------|---------|--------|
| 1 Mile | Donegan | 4:32.4 |
| Discus | Gilet   | 149'6" |

Seniors (50-59)

|        |           |        |
|--------|-----------|--------|
| 100M   | Fiori     | 15.2   |
| 200M   | Fiori     | 35.4   |
| 400M   | Atwell    | 86.1   |
| 800M   | Atwell    | 3:21.2 |
| 1 Mile | Greenberg | 5:33.5 |

Juraissac (70+)

|        |         |        |
|--------|---------|--------|
| 1 Mile | McGuire | 7:21.7 |
|--------|---------|--------|

High School

|        |          |        |
|--------|----------|--------|
| 100M   | Wicks    | 12.4   |
| 200M   | Wicks    | 25.8   |
| 400M   | Martinez | 65.0   |
| 800M   | Miller   | 2:50.4 |
| 1 Mile | Armenia  | 5:44.0 |
| LJ     | Baynes   | 16'1"  |
| TJ     | Abraham  | 27'5"  |
| Discus | Craft    | 61'6"  |

Submasters (30-39)

|        |           |        |
|--------|-----------|--------|
| 400M   | Moslander | 67.8   |
| 800M   | Chase     | 2:37.1 |
| 1 Mile | Bertasso  | 5:11.3 |
| Discus | Gilet     | 145'2" |

Seniors (50-59)

|        |        |        |
|--------|--------|--------|
| 1 Mile | Denham | 9:22.4 |
|--------|--------|--------|

Open (up to 29)

|        |         |         |
|--------|---------|---------|
| 400M   | Gambare | 56.8    |
| 1 Mile | Powhida | 4:53.3  |
| 2 Mile | Smith   | 13:14.9 |
| SP     | Santoro | 37'5"   |
| Discus | Santoro | 123'5"  |

Masters (40-49)

|        |           |        |
|--------|-----------|--------|
| 100M   | Shatynski | 14.1   |
| 400M   | Shatynski | 61.2   |
| 800M   | Clark     | 2:52.1 |
| 1 Mile | Merlis    | 4:55.2 |
| Discus | Craft     | 99'6"  |

Veterans (60-69)

|      |        |        |
|------|--------|--------|
| 100M | Staley | 5:34.6 |
|------|--------|--------|

WOMENOpen (up to 29)

|        |           |         |
|--------|-----------|---------|
| 800M   | Brown     | 2:29.2  |
| 1 Mile | Guilfoyle | 5:38.6  |
| 2 Mile | Francis   | 13:15.5 |

Masters (40-49)

|        |            |        |
|--------|------------|--------|
| 100M   | Reittinger | 17.5   |
| 200M   | Reittinger | 38.2   |
| 400M   | Reittinger | 93.2   |
| 1 Mile | Dauphine   | 5:51.5 |

Juraissac (70+)

|        |      |        |
|--------|------|--------|
| 1 Mile | Dott | 8:32.0 |
|--------|------|--------|