



Hudson Mohawk Road Runners Club

Board Meeting

Point of Woods Community Center

June 14, 2017

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Attendance: Marcia Adams, Frank Broderick, Jon Golden, Ray Lee, Ed Neiles, Brian and Jessica Northan, Jon Rocco, Cathy Sliwinski, Jim Tierney.

The actual meeting was preceded by the Scholarship Awards Ceremony starting at 7:30 p.m. Frank Broderick did an introductory explanation of HMRRRC to the awardees and their family. The awardees were presented with their checks and were introduced to the Club.

**Call to Order (Frank Broderick): Actual meeting was called to order at 8:05 p.m.**

1. Approval of May 10, 2017 minutes. Motion to approve minutes made by Jon Rocco and seconded by Ed Neiles. Motion passed.

**2. Reports of Officers**

**2.1 President (in Ray Newkirk's absence, report presented by Frank Broderick):**

Ray thanked Mark Warner for his efforts at the CDPHP Workforce Team Challenge this year, as well as acknowledged Lara for work to make Mark's job more manageable. He also thanked Ken Skinner for his work as chair of the Election Committee and Frank for his work on the Scholarship Committee. Frank elaborated that the program was expanded this year with applications coming in from 59 entrants from 39 different schools. Ray indicated that there has been more usage of the G-Drive by Board members and Frank mentioned that care should be taken not to put personal information from any grantees, etc. on the drive.

Ray and Ed met with Cindy Allen and Nick Webster regarding the PaceSetter and Ed will provide that report. Cathy and Ray are working on the location and date and time for the Annual Meeting in September. A discussion followed regarding changing of the date as well as potential locations for the meeting.

Ray has been reviewing email providers and will be reporting on them in the future.

**2.2 Executive Vice President (F. Broderick):**

There are currently only 2 or 3 grant applications for this cycle which ends of July 1. Typically they do come in the last week or so but to date, the number is low.

**2.3 Executive Vice President – Finance (C. Nowak- absent; report submitted by email)**

Yesterday, 6/13/17, Cathy and Chris met with Tom Hosey, principal, at Marvin & Company. They will be conducting our 2016 financial review. The plan is to send them our qbo [Quick Books online] file download (offline) in the next 2 weeks so that they can begin. Cost is approx \$5-6,000, however, will be contingent on how easy it is for them to perform the review.

**2.4 Vice President for Running Events (J. Rocco):**

Races since the last meeting were:

Mother's Day 5K bRUNch was held on May 14, its 37<sup>th</sup> year. Meghan Mortensen won for the 2<sup>nd</sup> time in three

years. There was a total of 86 finishers. This number is down from 298 last year and 329 from 2015, mainly due to departure of Girls on the Run. Thanks to Dee Fisher-Golden and Jon Golden for co-directing and all volunteers.

The 38<sup>th</sup> CDPHP Workforce Team Challenge was held on May 18 and was once again a huge success. The race sold out at its 10,000 cap (2<sup>nd</sup> year of the cap). A record 522 teams registered and there were 7,745 finishers, down 5.7% from last year's 8,216. 2015 was the record year at 8,319. Primary reason certainly was the temperature of low 90's at race time, making it the hottest day of 2017 so far. 25 participants sought help post race at the medical tent. The no show percentage this year was 22.5% compared to 17.8% last year and 18.7% in 2015. Overall winner was Matt Brooker with a time of 17:29. He defended his title and last year ran 17:01. Finishing second was 2015 winner, Kieran O'Connor in a time of 17:45. Karen Bertasso was the overall female winner in a time of 20:00, 2 seconds slower than last year's winning time of 20:18. Karen won in 2015 in 20:22. Runner-up was Kara Patrick in 20:58. Regeneron was the winning female team and AREEP won the male division. AREEP has won 6 times in the last 8 years. Albany Medical Center won the co-ed division for the 3<sup>rd</sup> year in a row, its 5<sup>th</sup> win in the past 6 years. Most participants were GE at 384 (down from last year's 523), CDPHP at 241 (down from 273 last year), an AMC at 240 (down from 277 last year). Congratulations once again to our Charities of Choice – Boys and Girls Club of Albany and Vanerheyden (total donations not yet released). Thanks to Mark Warner for directing once again as well as the coordinators, volunteers, CDPHP and their staff and our 24 sponsors (17 of them premium sponsors, up from 13 last year). A thank you ad to all is on the website. The wrap up meeting will be held on June 22.

This past Saturday, the 46<sup>th</sup> Distinguished Service Race was held honoring Jon Golden and Dee Fisher-Golden, the 57<sup>th</sup> and 58<sup>th</sup> recipients. Male winner of the race was Chuck Terry and female winner was Irene Somerville. There were 77 finishers, up from last year's 68 finishers and down from 127 the prior year. The race was run the same time as the Healthy Kidneys race. Thanks to Sally Drake and Liz Chauhan who made their directorial debut and all the volunteers.

On June 13, the Colonie Summer Track series will begin. This will be the first Tuesday of a 7 week schedule ending on August 1. Typically it runs 8 weeks but July 4 falls on Tuesday this year. An email blast and Facebook post went out on Monday and within 24 hours, the Facebook post had 2400 views, 25 likes and 13 shares.

Upcoming races are Valley Cats Father's Day 5K on June 18 with last chance registration on Friday. The Colonie Mile follows on June 27. The Summer Series begins with the 2-person relay on July 6.

Stockade-athon registration will open on June 15. There was a meeting with the officials in Schenectady regarding the race to resolve any concerns or questions. The city is being very cooperative and there is no issue with the course.

New for this year at Indian Ladder is that the park will be charging a \$6 car parking fee. In checking, the fee is only waived for non-profits doing a fund raiser. Mark and Jon will get the word out to participants.

**2.5 Treasurer (J. Golden):** See attached report. Total of general accounts: \$398,650.21

**2.6 Treasurer of Running Events (C. Sliwinski):** See attached report.

**2.7 Secretary (M. Adams):** No report

### **3. Reports of Committees**

**3.1 Membership (D. Fisher-Golden):** (Not present; report e-mailed)

Total membership: 2,624

Change in membership: -19

New memberships: 31

Facebook followers: 2,800, an increase of 25

Twitter followers: 280, +6 change

**3.2 Volunteers (M. Adams):**

**3.3 Public Relations (R. Moore):** No report.

**3.4 Website (E. Neiles):**

There was a meeting with Ray, Ed, Cindy Allen and Nick Webster. Nick will be stepping down as advertising director when/if he assumes Vice President of Finance. There was a discussion regarding the website and feedback regarding it. The general consensus is there a real need to upgrade the quality and quantity for the PaceSetter so Ed will be looking for a Content Editor, as well as looking for an advertising director.

**3.5 Conflicts Committee (C. Nowak):** No report.

**3.6 Grants Committee (F. Broderick):** See above report under Executive Vice President.

**3.7 Just Run Program (K. Skinner):** No report. The two track meets were held Tuesday and today and he will have a further report next week.

**3.8 Nominating/Elections Committee (Ken Skinner):** See attached report.

**4. Old Business:**

1. Email distribution services. – see President's report.
2. Annual Meeting preparations – see President's report.

**5. New Business**

1. Equipment procedures.

Marcia outlined the procedures in place for loaning of equipment. Generally Tom or she should be advised when equipment is to be loaned out; they will arrange with the person borrowing to get and return the equipment as well as signing the appropriate forms for liability and contact information.

The second issue is keys to the facility. After a discussion, at the suggestion of Ed Neiles, Marcia will look into an electronic key pad lock for the facility to determine cost and report to the Board.

**Announcements:**

None

**Refreshments:** Marcia Adams

**Adjourn:** Motion to adjourn made by Marcia Adams and seconded by Jon Golden.