

The Runnin' of the Green 4 Miler
 HMRRRC Grand Prix Event
 USATF Certified Course
 Rotterdam, NY March 19, 2022 10:00am

***** AWARDS LIST *****

***** MALE OVERALL RESULTS *****

1 Tim Russell 32 Saratoga Spring NY 22:10
 2 Ramon Dominguez 43 Saratoga Spring NY 22:15
 3 Jack Gemmett 16 Schenectady NY 22:19

Record 19:36 by Chris Hartshorn in 2003

***** FEMALE OVERALL RESULTS *****

1 Meg Champagne 23 Saratoga 23:00
 2 Karen Bertasso 37 Selkirk 23:04
 3 Caitie Meyer 30 Albany 23:14

Record 22:58 by Emily Bryans in 2001

MALE AGE GROUP: 1 - 20

1 10 Carter Flowers 14 PATTERSONVILLE NY 24:20

Record 23:37 by Alney Tobias in 2007

FEMALE AGE GROUP: 1 - 20

Record 23:45 by Brina Seguine in 2003

MALE AGE GROUP: 20 - 29

1 39 Jim Tremper 28 Altamont 29:54

Record 19:43 by Jamie Rodriguez in 2003

FEMALE AGE GROUP: 20 - 29

1 12 Allison Thayer 26 Troy 24:30
 2 77 Valerie Burger 26 Altamont NY 45:09

Record 23:25 by Alyssa Lotmore in 2008

MALE AGE GROUP: 30 - 39

1 4 Chuck Terry 39 Albany 22:23
 2 8 Ben HELLER 33 Troy NY 23:31
 3 9 Brad Lewis 35 Troy 23:50

Record 19:36 by Chris Hartshorn in 2003

FEMALE AGE GROUP: 30 - 39

1 14 Nicole Moslander 34 Schenectady NY 24:47
 2 21 Brina Seguine 30 Rensselaer NY 25:49
 3 23 Lisa Chase 35 Albany 26:42

Record 22:58 by Emily Bryans in 2001

MALE AGE GROUP: 40 - 49

1 16 Matt Gokey 48 Delmar NY 24:51
 2 17 Greg Ethier 46 Mechanicville 25:03
 3 24 Ryan McCann 47 Albany NY 26:51

Record 21:24 by Ben Greenberg in 2009

FEMALE AGE GROUP: 40 - 49

1 25 Diana Tobon-Knobloc 40 Niskayuna NY 27:07
 2 30 Sarah Parks 41 Troy 28:49
 3 33 Colleen Ottalagano- 45 Slingerlands 29:12

Record 23:27 by Emily Bryans in 2008
 MALE AGE GROUP: 50 - 59

1	15 Benjamin Greenberg	53 Slingerlands		24:50
2	18 Thomas Kracker	57 Delmar	NY	25:26
3	19 Frank Horn	52 Albany	NY	25:42

Record 21:56 by Tom Dalton in 2009
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FEMALE AGE GROUP: 50 - 59

1	22 Lori Kingsley	56 Wysox	PA	26:17
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New record. Old record 27:10 by Nancy Briskie in 2008

2	36 Kristen Hislop	57 Halfmoon		29:28
3	44 Christine Stanavich	50 Amsterdam	NY	30:11

FEMALE AGE GROUP: 60 - 69

1	68 colleen walsh	65 Troy	NY	41:45
2	69 Debra Kelley	68 Albany	NY	41:46
3	82 Georgia Sullivan	64 Albany	NY	50:22

Record 29:31 by Susan Wong in 2009
 MALE AGE GROUP: 60 - 69

1	32 Stephen Jones	67 Averill Park	NY	29:04
2	37 Richard A. Munson	65 Prattsville	NY	29:39
3	57 steven silverberg	61 Schenectady	NY	35:56

Record 24:16 by Pat Glover in 2008
 MALE AGE GROUP: 70 - 79

1	49 Tom McGuire	70 Slingerlands	NY	31:39
2	54 Bob Mead	70 East Greenbush	NY	33:40
3	72 Jim Fiore	74 Latham	NY	43:01

Record 28:24 by Bob Husted in 2003
 FEMALE AGE GROUP: 70 - 79

1	56 Erika Oesterle	70 Stamford	NY	34:58
2	59 Martha C. DeGrazia	71 Slingerlands		36:41
3	67 Susan Wong	74 Glenmont	NY	41:09

Record 33:07 by Anny Stockman in 2002
 FEMALE AGE GROUP: 80 - 99

1	90 Anny Stockman	87 Rensselaer	NY	1:06:55
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Record 33:42 by Anny Stockman in 2003
 MALE AGE GROUP: 80 - 99

1	89 Raymond W Lee Jr	80 Halfmoon	NY	59:40
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Record 30:24 by Ed Doucette in 2001