

Tawasentha Cross Country Race #3 (GP) Monday, August 26, 2024

Fname	Lname	Gen	Age	City	Time
Matthew	Laframboise	M	23	Saratoga	17.40
Shaun	Donegan	M	38	Malta	18.20
Aidan	Canavan	M	25	Niskayuna	20.07
Andrew	Canavan	M	77	Scotia	20.26
Aaron	Major	M	45	Pattersonville	21.31
Isaac	Menis	M	23	Schenectady	22.04
Robert	Irwin	M	51	Guilderland	22.42
Robert	Diamond	M	33	Latham	22.45
Kyle	Mahoney	M	43	Ballston Lake	23.00
Peter	Koch	M	42	Delmar	23.19
Ryan	McCann	M	49	Albany	23.25
Michael	Austin	M	42	Slingerlands	23.31
Liam	Regan	M	27	Cohoes	23.48
Ben	Heller	M	36	Albany	24.00
Thomas	Kracker	M	60	Delmar	24.19
Meghan	Mortensen	F	39	Glenville	24.39
Conor	O'Grady	M	13	Slingerlands	24.59
David	Newman	M	44	Albany	25.46
Gavin	Wall	M	19	Glenville	26.19
Daniel	Murphy	M	49	Delmar	26.53
David	Roy	M	69	Schoharie	27.01
Dan	Loman	M	31	Troy	27.11
Megan	James	F	35	Charlton	27.37
Erik	Finji	M	13	Slingerlands	27.49
Mark	Nunez	M	67	Ballston Lake	28.00
Tyler	Litts	M	21	Schenectady	28.36
Jim	Tremper	M	31	Guilderland	29.03
Ashton	Versteegen	M	11	Schenectady	29.14
Jessica	Northan	F	48	Guilderland	29.44
Lily	Cartier	F	13	Glenville	29.45
Jim	Bright	M	41	Clifton Park	29.47
Christopher	Kurkjian	M	64	Ballston Lake	30.38
Ryan	Cartier	M	12	Glenville	30.40
Nicola	Macneil	F	50	Rotterdam Junction	30.58
Zhengzhong	Yu	M	36	Albany	32.00
Russell	Lauer	M	62	Troy	32.10
Nathan	Courtney	M	59	Delmar	32.20
Theodore	O'Grady	M	11	Slingerlands	32.42
Karen	Haag	F	41	Troy	32.55

David	Halloran	M	52	Albany	33.26
Felip	Smith	M	23	Schenectady	33.29
Seamus	Hodgkinson	M	75	Delmar	34.07
Dan	Coffey	M	62	Delmar	34.08
Jim	Giglio	M	62	Albany	34.16
Bill	Bartlett	M	53	Amsterdam	34.32
Rose	Duhan	F	56	Delmar	34.33
Kate	Cartier	F	47	Glenville	34.50
Joanna	Tremper	F	54	E Chatham	35.05
Kevin	Montano	M	30	Troy	35.17
Karen	Dott	F	68	Colonie	35.33
Dave	Cole	M	66	N Greenbush	37.47
Chris	Ashley	M	53	Albany	38.48
Michael	Thumann	M	75	Chatham	39.39
Craig	Williams	M	49	East Greenbush	40.51
Rebekah	Tolley	F	48	Pattersonville	41.14
Linda	DeDominicis	F	56	Menands	41.51
Theodore	Courneen	M	12	Altamont	41.55
Joanne	Richardson	F	63	Clifton Park	41.57
Kirk	Courneen	M	41	Altamont	42.00
Edwin	Litts	M	74	Schenectady	46.05
Jessica	Montgomery	F	46	Guilderland	46.08
Valerie	Burger	F	28	Duanesburg	46.23
Marianne	Shrader	F	72	Guilderland	47.35