

\*\*\* RESULTS GRADED BY AGE AND SEX BASED ON WAVA TABLES \*\*

35th Annual Delmar Dash 5 Miler

Delmar, N.Y.

April 6, 2025 9:00 a.m.

Place	Name	Ag	S	Time	Agegrad	Age %
1	Chuck Terry	42	M	27:27	25:55	81.30
2	Emily Taft	34	F	30:16	30:00	79.41
3	Lisa Chase	39	F	30:56	30:03	79.31
4	Wendy Rescott	64	F	40:15	30:06	79.21
5	Thomas O'Grady	39	M	27:36	26:40	78.99
6	Peter Rowell	36	M	27:12	26:47	78.68
7	Aaron Knobloch	48	M	29:51	26:52	78.39
8	Caleb Mallery	24	M	27:29	27:29	76.65
9	Molly Clink	22	F	31:23	31:23	75.94
10	Eamon Dempsey	45	M	30:38	28:15	74.54
11	Carolyn George	71	F	47:11	32:01	74.43
12	Tim Russell	35	M	28:47	28:29	74.00
13	Christopher Miedema	34	M	28:57	28:45	73.29
14	Kari Deer	46	F	35:24	32:41	72.93
15	Martha Degrazia	74	F	50:27	32:45	72.78
16	Ben Heller	36	M	29:27	29:00	72.67
17	John Deer	42	M	30:51	29:08	72.34
18	Joshua Cordeira	41	M	30:38	29:09	72.25
19	Michael Austin	43	M	31:14	29:16	71.99
20	Matt Ninneman	32	M	29:20	29:17	71.93
21	Brendan Parker	31	M	29:44	29:43	70.91
22	Jayden Thomas	18	M	30:12	30:11	69.81
23	Erin Rightmyer	41	F	35:57	34:31	69.08
24	Dave Glass	78	M	47:00	30:45	68.51
25	Catie Baknis	37	F	35:29	34:48	68.48
26	Laura Zima	45	F	37:49	35:14	67.65
27	Kristen Kuhn	46	F	38:11	35:15	67.61
28	Darlene Cardillo	71	F	52:04	35:20	67.45
29	Janne Rand	40	F	36:40	35:25	67.27
30	Michael Wright	71	M	42:54	31:19	67.25
31	Karen Gerstenberger	67	F	49:23	35:28	67.20
32	William Dodds	50	M	35:25	31:22	67.15
33	Brien Ragone	48	M	35:09	31:39	66.57
34	Kelly Chang	42	F	37:37	35:52	66.46
35	Katie Potestio	39	F	36:56	35:52	66.43
36	George B Burke	59	M	38:42	31:43	66.41
37	Matt Roche	42	M	33:37	31:45	66.39
38	Liz Ricci	39	F	37:20	36:16	65.71
39	Michael Kenneally	58	M	38:49	32:06	65.65
40	Nicola Macneil	51	F	41:41	36:31	65.25
41	Liam Regan	28	M	32:21	32:21	65.12
42	Daniel Esper	64	M	41:24	32:24	65.02
43	Katherine Ambrosio	74	F	56:30	36:40	64.99

44	Anne Hurley	62	F	47:47	36:40	64.98
45	Michael McCarthy	39	M	33:38	32:30	64.82
46	Adam Wingate	34	M	33:03	32:49	64.20
47	Dylan Hedderman	32	M	32:55	32:51	64.10
48	Alison Johnson	55	F	44:34	37:17	63.95
49	Dan Coffey	62	M	41:33	33:08	63.58
50	Denis Cote	54	M	38:46	33:12	63.46
51	Kai Hayes De	12	F	42:31	37:43	63.19
52	Adriane Hao	37	F	38:57	38:12	62.39
53	Loren Thomas	40	M	35:20	33:53	62.17
54	Molly Ruhlman	37	F	39:09	38:24	62.07
55	Steve Vnuk	69	M	46:03	34:21	61.31
56	Molly Kane	24	F	38:54	38:54	61.27
57	Elisa Schneider	59	F	48:49	38:54	61.25
58	Alicia Segura	41	F	41:05	39:26	60.45
59	Jeffrey Kuhn	47	M	38:29	34:56	60.33
60	Mike Otoole	49	M	39:13	35:01	60.18
61	Lucas Hurley	24	M	35:08	35:08	59.96
62	Lara Kaye	55	F	47:33	39:47	59.94
63	Stephen Jones	70	M	47:44	35:15	59.78
64	Casey Vincelette	28	F	39:58	39:58	59.63
65	Michael Verdichizzi	57	M	42:38	35:34	59.23
66	Bridget Schultz	36	F	40:52	40:15	59.22
67	Julie Grimmer	44	F	42:55	40:19	59.11
68	Tommy Harvey	24	M	35:41	35:41	59.04
69	Denis Hurley	62	M	45:05	35:57	58.60
70	John Funk	59	M	44:43	36:39	57.47
71	Kate Jones	36	F	42:37	41:58	56.79
72	Claire Zartarian	43	F	44:23	42:01	56.74
73	Christopher Catalano	43	M	39:48	37:17	56.49
74	Erin Dolen	43	F	44:37	42:14	56.44
75	Katlin Young	34	F	42:38	42:16	56.37
76	John Brunner	58	M	45:45	37:50	55.70
77	Don Vanwely	75	M	54:49	37:51	55.64
78	John Sheehy	67	M	49:58	38:01	55.44
79	Edward Rivers	52	M	43:52	38:12	55.13
80	Nicholas Funk	26	M	38:19	38:19	54.98
81	Graeme Dinneen	41	M	40:18	38:21	54.92
82	Grace McGrath	22	F	43:28	43:28	54.83
83	Marisa Santos	40	F	45:08	43:36	54.65
84	Nicole Cheplowitz	47	F	47:54	43:49	54.42
85	Kadin Shafiroff	25	M	38:55	38:55	54.13
86	Evan Dwyer	35	M	39:23	38:58	54.08
87	Martha McCormick	70	F	1:04:13	44:13	53.91
88	Jesse Dinkin	78	M	59:48	39:07	53.85
89	Gregory Hanselman	35	M	39:49	39:24	53.50
90	Michael Cheplowitz	39	M	41:04	39:41	53.08
91	Sarah Reed-Esper	59	M	48:29	39:44	53.01
92	Alejandra Escudero	43	F	48:18	45:44	52.14
93	Laurie Davignon	51	F	52:14	45:45	52.07

94	Nicole Lanoue	43	F	48:53	46:17	51.52
95	Lindy Davis	43	F	48:56	46:20	51.46
96	James Delaney	64	M	52:35	41:09	51.19
97	Katie K McNamara	35	F	47:08	46:35	51.17
98	Lauren Barrowman	41	F	48:47	46:50	50.91
99	Sara Arnold	41	F	48:48	46:51	50.89
100	Mark Howe	63	M	52:36	41:34	50.70
101	Thomas Okula	58	M	50:18	41:35	50.66
102	Kristine Welliver	40	F	48:47	47:07	50.56
103	Leo J. Dipierro	74	M	59:35	41:48	50.41
104	Jennifer Kovacs	44	F	50:25	47:22	50.31
105	Adam Film	22	M	42:26	42:26	49.65
106	Carlo Agneta	60	M	52:45	42:50	49.16
107	Megan Abrams	34	F	48:54	48:29	49.15
108	Michele Celeslo	58	F	1:00:13	48:35	49.05
109	Arup De	51	M	48:59	43:01	48.96
110	Kelly Lord	40	F	51:28	49:43	47.93
111	Greg Jones	48	M	48:51	43:58	47.90
112	Jenifer Kish	51	F	56:56	49:52	47.78
113	Taj Hayes De	13	M	48:27	44:51	46.99
114	Kasey Treffiletti	37	F	52:50	51:49	45.99
115	James H. Allen	66	M	59:52	45:59	45.82
116	Nancy Piche'	64	F	1:09:47	52:11	45.69
117	Ray Lee	83	M	1:19:51	46:21	45.46
118	Stephen Obermayer	63	M	58:57	46:35	45.24
119	Megan Baldwin	41	F	56:13	53:58	44.17
120	Charles Pensabene	34	M	48:05	47:45	44.12
121	Charity Armstrong	51	F	1:02:14	54:31	43.71
122	Joe Balnis	31	M	49:34	49:33	42.54
123	Mike Abrams	37	M	51:02	49:59	42.13
124	Ashley Luz	32	F	57:07	56:54	41.87
125	Oneida Shushe	28	F	57:28	57:28	41.47
126	Patrick Ambrosio	36	M	56:02	55:11	38.19
127	Diane Macri	44	F	1:09:46	1:05:32	36.36
128	Kelly Honsaker	39	F	1:09:26	1:07:26	35.33
129	Patrick Snider	29	M	59:48	59:48	35.23