

38th HMRRRC-Labor Day 5k  
 Central Park Schenectady  
 September 2, 2024

Directed by  
 HMRRC

Place	Name	Ag	No.	S	City	St	Time	Pace
1	Chuck Terry	42	78	M	Albany	NY	17:10	5:33
2	Thomas O'Grady	39	72	M	Slingerlands	NY	17:23	5:37
3	Matt Ninneman	31	48	M	Albany	NY	17:42	5:43
4	Ben Heller	35	65	M	Albany	NY	18:14	5:53
5	Andrew Berger	27	34	M	Rensselaer	NY	18:51	6:05
6	Ryan McCann	49	99	M	Albany	NY	18:58	6:07
7	John DeLallo	31	50	M	Schenectady	NY	19:21	6:15
8	Adsm Shahbain	18	19	M	Schenectady	NY	19:28	6:17
9	Thomas Dansereau	37	71	M	Troy	NY	19:37	6:20
10	Andrea Sassatelli	14	9	F	Valley Falls	NY	19:53	6:25
11	Meg Versteegen	45	86	F	Schenectady	NY	19:53	6:25
12	David Rambharose	17	16	M	Schenectady	NY	20:10	6:31
13	Mathew Hendery	29	41	M	Saratoga Spring	NY	20:22	6:35
14	Michael Serrano	16	13	M	Schenectady	NY	20:28	6:36
15	Christina Olgin	32	54	F	Schenectady	NY	20:55	6:45
16	Samuel Mercado	61	132	M	Saratoga Spring	NY	21:08	6:49
17	Michael Van Flue	42	77	M	Guilderland	NY	21:22	6:54
18	Mike Giulian	46	90	M	Pittsfield	MA	21:31	6:57
19	Joseph McManaman	43	81	M	Schenectady	NY	21:43	7:01
20	Loren Thomas	40	75	M	Schenectady	NY	21:46	7:02
21	Megan James	35	62	F	Charlton	NY	21:51	7:03
22	Christopher Leavitt	36	68	M	Schenectady	NY	21:55	7:05
23	David Roy	69	144	M	Schoharie	NY	21:57	7:05
24	Kay Williams	44	82	F	Scotia	NY	22:24	7:14
25	joseph Tokarczyk	52	103	M	amsterdam	NY	22:33	7:17
26	Igor Camerino	25	171	M	Guilderland	NY	22:52	7:23
27	Russell Lauer	62	174	M	Troy	NY	22:57	7:24
28	Tyler Litts	21	21	M	Schenectady	NY	23:15	7:30
29	Brighton Gerry	14	8	M	Schenectady	NY	23:23	7:33
30	Cainen Aceto	14	14	M	Schenectady	NY	23:32	7:36
31	Sarah Raymond	17	18	F	Troy	NY	23:35	7:37
32	Elizabeth Chauhan	39	168	F	Albany	NY	23:41	7:39
33	Mike OToole	49	97	M	Mechanicville	NY	23:54	7:43
34	Sara Graham	48	92	F	Ballston Lake	NY	23:58	7:44
35	Paul Moore	59	122	M	Scotia	NY	24:01	7:45
36	paul bennett	73	151	M	Latham	NY	24:08	7:47
37	Gerald Montuya	25	33	M	Schenectady	NY	24:16	7:50
38	Alucian Gonzalez	14	7	M	Schenectady	NY	24:30	7:55
39	Gianpaolo DeMasi	53	170	M	Aprilia	IT	24:33	7:56
40	Ashton Versteegen	11	3	M	Schenectady	NY	24:34	7:56
41	Kristen Hislop	59	119	F	HALFMOON	NY	24:35	7:56
42	Tyson Oberg	51	102	M	Niskayuna, NY	NY	24:38	7:57
43	Jessica Northan	48	94	F	Guilderland	NY	24:40	7:58

44	Stephen Jones	70	147	M	Averill Park	NY	24:42	7:59
45	Tom McGuire	72	150	M	Slingerlands	NY	24:57	8:03
46	Christine Varley	60	129	F	Latham	NY	25:01	8:04
47	Tyler Vyce	28	37	M	East Nassau	NY	25:02	8:05
48	Taylor Mead	31	49	F	Schenectady	NY	25:12	8:08
49	Douglas Allers	64	133	M	Glenville	NY	25:17	8:10
50	Jonathan Perkins	43	79	M	clifton park	NY	25:21	8:11
51	Blaine Freadman	60	127	M	Pittsfield	NY	25:32	8:14
52	Patrick Welch	24	29	M	Albany	NY	25:45	8:19
53	Austin Crofoot	24	31	M	Saratoga Spring	NY	25:47	8:19
54	Randy Spraker	22	22	M	Hagaman	NY	26:01	8:24
55	Bradley Johnson	30	44	M	Niskayuna	NY	26:02	8:24
56	John Sassatelli	50	101	M	Valley falls	NY	26:08	8:26
57	Dennis Schuttig	52	104	M	Central Bridge	NY	26:12	8:27
58	Vince Fiori	58	116	M	Halfmoon	NY	26:21	8:30
59	Krystal Varrenti	43	80	F	Albany	NY	26:21	8:30
60	Saleem Naina	50	175	M	Slingerlands	NY	26:41	8:37
61	Jada Maehrlein	17	15	F	Schenectady	NY	26:42	8:37
62	Charity McManaman	47	91	F	Schenectady	NY	26:45	8:38
63	Jacob Washco	8	164	M	Waterford	NY	26:46	8:38
64	Peter Butryn	67	142	M	Schenectady	NY	26:53	8:41
65	Matthew Swart	28	38	M	Rotterdam	NY	27:00	8:43
66	Mohamed Kaid	22	23	M	Schenectady	NY	27:09	8:46
67	Ted Ranslow	36	69	M	Niskayuna	NY	27:19	8:49
68	Michael Washco	45	84	M	Waterford	NY	27:31	8:53
69	Caison Wolk	13	5	M	Schenectady	NY	27:35	8:54
70	Devin Brevard	28	35	M	Amsterdam	NY	27:39	8:56
71	Dave Glass	78	162	M	Glenville	NY	27:44	8:57
72	Scott Frament	34	58	M	East Greenbush	NY	27:47	8:58
73	Brittany Frament	31	46	F	East Greenbush	NY	27:47	8:58
74	Tyler Matthews	35	66	M	Schenectady	NY	27:52	9:00
75	Erika Oesterle	73	153	F	Stamford	NY	27:54	9:00
76	William Biederbeck	25	32	M	Clifton Park	NY	27:57	9:01
77	Kathleen Dougherty	60	130	F	Troy	NY	28:15	9:07
78	DARIEN SMITH	31	51	M	NISKAYUNA	NY	28:26	9:11
79	Addison Palmer	13	6	F	Ballston Lake	NY	28:36	9:14
80	Abby Gilchrist	37	70	F	Galway	NY	28:54	9:20
81	Patricia Greenwood	66	139	F	Schenectady	NY	28:55	9:20
82	Kendal Copping	35	63	M	Galway	NY	28:58	9:21
83	Jeanette Sassatelli	49	98	F	Valley falls	NY	29:00	9:22
84	Carmelo Rao	67	140	M	Burnt Hills	NY	29:05	9:23
85	Steven Scotten	54	108	M	Clifton Park	NY	29:07	9:24
86	Steven Silverberg	66	138	M	Schenectady	NY	29:10	9:25
87	Kim Eisler	57	112	F	Ballston Spa	NY	29:25	9:30
88	Benjamin Dunlavey	30	42	M	Clifton Park	NY	29:43	9:36
89	Lianne Pinchuk	48	93	F	Delmar	NY	29:54	9:39
90	John Brunner	58	118	M	Schenectady	NY	29:58	9:40
91	thomas okula	58	117	M	Watervliet	NY	30:10	9:44
92	Justin Ricci	40	76	M	Niskayuna	NY	30:17	9:46
93	Richard Kelly	67	141	M	Schenectady	NY	30:27	9:50

94	Linda DeDominicis	56	111	F	Menands	NY	30:40	9:54
95	Tommy Person	11	172	M	Guilderland	NY	30:44	9:55
96	bill marinello	65	134	M	Slingerlands	NY	30:46	9:56
97	Jonina Yang	24	30	F	Glenville	NY	30:53	9:58
98	Edesse Murphy	33	55	F	Troy	NY	31:30	10:10
99	Kristen Budwick	55	109	F	Troy	NY	31:48	10:16
100	Janel Palmer	46	88	F	Ballston Lake	NY	31:52	10:17
101	Christina Raymond	53	107	F	Troy	NY	32:20	10:26
102	John Bachandouris	56	110	M	Watervliet	NY	32:31	10:30
103	Martha DeGrazia	73	152	F	Slingerlands	NY	32:43	10:34
104	Amy Schuttig	46	89	F	Central Bridge	NY	32:50	10:36
105	John Connell	71	149	M	Glenmont	NY	32:54	10:37
106	Nassima Poinsette	16	12	F	Schenectady	NY	33:02	10:40
107	Vincent Wenger	60	131	M	Menands	NY	33:07	10:41
108	Renee Hock	31	47	F	Mayfield	NY	33:23	10:46
109	Major Capers	34	61	M	Schenectady	NY	33:24	10:47
110	Steve Obermayer	63	173	M	Burnt Hills	NY	33:25	10:47
111	James Fiore	77	161	M	latham	NY	34:01	10:59
112	Beth McIntyre	59	120	F	Rotterdam Junct	NY	34:32	11:09
113	Shawn Harris	53	105	M	Bennington	NY	34:39	11:11
114	Sarah Messick-Milone	45	87	F	Niskayuna, NY	NY	34:51	11:15
115	jeff hebert	57	114	M	rexford	NY	35:02	11:18
116	Siobhan Jackson	10	2	F	SCHENECTADY	NY	35:15	11:22
117	George Jackson	75	160	M	SCHENECTADY	NY	35:15	11:23
118	Michele Celello	57	113	F	East Greenbush	NY	35:20	11:24
119	Minh Nguyen	21	20	M	Schenectady	NY	35:33	11:28
120	Leo J. DiPierro	74	154	M	Cherry Plain	NY	35:36	11:29
121	Suzanne Nealon	74	157	F	Saratoga Spring	NY	35:39	11:30
122	Lauren Griekspoor	33	56	F	Charlton	NY	36:03	11:38
123	Valerie Burger	28	36	F	Duanesburg	NY	36:10	11:40
124	Edwin Litts	74	156	M	Schenectady	NY	36:23	11:44
125	Tierney DeCarr	10	1	F	Albany	NY	36:31	11:47
126	Rick DeCarr	40	74	M	Albany	NY	36:31	11:47
127	Barbara Bradley	66	137	F	Slingerlands	NY	36:32	11:47
128	TIMOTHY LEONARD	75	158	M	Clifton Park	NY	36:32	11:47
129	Graydon Molnar	17	17	M	Ballston Lake	NY	36:39	11:50
130	Ned Norton	65	135	M	Albany	NY	37:00	11:56
131	Susan Klim	69	143	F	Altamont	NY	37:10	12:00
132	Carla Capobianco	45	85	F	Albany	NY	37:56	12:15
133	Rebecca Senft	30	45	F	Cambridge	MA	38:20	12:22
134	Jessica Senft	28	39	F	Niskayuna	NY	38:21	12:22
135	Amanda Serafini	53	106	F	Averill Park	NY	38:24	12:24
136	Alice Carpenter	74	155	F	Delmar	NY	38:50	12:32
137	Jim Moore	84	167	M	Niskayuna	NY	39:21	12:42
138	Thomas McTernan	69	146	M	Scotia	NY	39:23	12:43
139	Divyesh Chauhan	12	169	M	Albany	NY	39:30	12:45
140	Ravi Chauhan	48	96	M	Albany	NY	39:31	12:45
141	Barb Diamond	59	123	F	Schenectady	NY	39:54	12:53
142	Jill Mehan	69	145	F	Troy	NY	41:30	13:24
143	Lisa Lorman	60	128	F	Amsterdam	NY	41:37	13:26

144	Ralph Feinstein	70	148	M	Scotia	NY	42:02	13:34
145	john vavasour	75	159	M	albany	NY	42:55	13:51
146	Maximillian McKee	24	27	M	Halfmoon	NY	44:03	14:13
147	Ainsley Pinkowitz	33	57	F	Niskayuna	NY	44:08	14:15
148	Raymond Lee, Jr	82	166	M	Halfmoon	NY	48:06	15:31
149	Jennifer Torgersen	48	95	F	Albany NY	NY	49:21	15:56

Record 14:33 by Steve Kogo in 1987