23rd Altamont 5K Run/Walk
Crupe Bozenkill Park
Altamont, NY

August 28, 2021

Overall Results

Pl	Comp#	Name	Sex/Age	City/State	Time
1	509	Dominguez, Ramon	M44	Saratoga Springs, NY	17:17
2	480	Leach, Keegan	M17	Lee, MA	17:27
3	416	Ethier, Tristan	M16	Richmondville, NY	19:14
4	414	Darby, Matt	M23	Guilderland, NY	19:58
5	436	Lewit, Isaiah	M13	Manchester, VT	20:19
6	518	Mercado, Sam	M58	Newark, NJ	20:20
7	895	Hamm, Rachael	W48	Middleburgh, NY	20:32
8	435	Lewit, Christopher	M43	Manchester, VT	21:01
9	487	Buff, Clayton	M21	Latham, NY	21:25
10	505	Bean, Bill	M61	Scotia, NY	21:27
11	496	Moskowitz, Ashley	W20	Camphall Hall, NY	21:31
12	499	Vogt, Christopher	M17	Delanson, NY	21:39
13	511	Gathen, Farrier	W38	Kingston, NY	21:47
14	891	Lauterbach, Ada	W31	East Berne, NY	21:58
15	445	Munson, Rick	M64	Prattsville, NY	22:09
16	495	Moak, Mike	M64	Guilderland Center, NY	22:24
17	484	Poeth Jr, Dean	M20	Glenville, NY	22:35
18	473	Lucas, Barry	M62	Austin, TX	22:36
19	455	Schiffer, Jacque	W56	Olivebridge, NY	22:44
20	896	Pearson, Warren	M27	Albany, NY	22:58
21	892	Buff, Greg	M49	Latham, NY	23:07
22	417	Glass, Dave	M75	Glenville, NY	23:18
23	474	Bidell, Emma	W21	Voorheesville, NY	23:19
24	457	Sornberger, Kacey	W46	Albany, NY	23:39
25	490	Hyde, Estella	W13	Delanson, NY	23:48
26	508	Brooks, Ryan	M33	Schenectady, NY	24:01
27	411	Cook, Keith	M66	Albany, NY	24:20
28	418	Gorgadze, Giorgi	M36	Altamont, NY	24:46
29	403	Appio, Zach	M32	Altamont, NY	25:01
30	448	Ough, Rocco	M16	Burlington Flats, NY	25:04
31	478	Disanto, Clare	W37	Altamont, NY	25:05
32	516	Egan, John	M25	Holyoke, MA	25:31
33	472	LaGrange, Amy	W43	Altamont, NY	25:35
34	506	Bellizzi, Michael	M32	Albany, NY	25:42
35	464	VanDeBogart, Benjamin	M24	Niskayuna, NY	25:49
36	415	Darby, Tom	M61	Guilderland, NY	26:07
37	422	Gurney, Caitlin	W27	Altamont, NY	26:28
38	441	McCarthy, John	M49	Albany, NY	26:44
39	459	Stafford, Emily	W28	Altamont, NY	26:49
40	470	Daughtry, Sarah	W29	Altamont, NY	27:10
41	437	Lewit, Sky	W15	Manchester, VT	27:16
42	402	Ambrosio, Patrick	M33	Delmar, NY	27:25
43	467	Whitford, Jackson	M13	Delmar, NY	27:30
44	507	Bennett, Richard	M69	Clifton Park, NY	27:37
45	512	Helton, Jaden	M9	Howes Cave, NY	27:48
46	449	Pensabene, Charles	M31	East Greenbush, NY	28:01
47	413	Cowan, Abigail	W27	Warnerville, NY	28:04
48	482	Ough, Hunter	W12	Burlington Flats, NY	28:08
49	469	Carle, Theo	M11	Albany, NY	28:39
50	489	Davis, Eric	M37	Wynantskill, NY	28:44
51	476	Comithier, Lara	W54	Greenville, NY	28:49
52	471	Degnan, Rachael	W27	Altamont, NY	28:53

53	447	Ough, Richard	M48	Burlington Flats, NY	29:09
54	519	Peltier, Michelle	W49	Albany, NY	29:20
55	475	Brady, Michael	M38	Albany, NY	29:25
56	410	Clifford, Robert	M65	Altamont, NY	29:56
57	419	Graffeo, Paul	M60	Albany, NY	30:03
58	401	Ambrosio, Katherine	W71	Delmar, NY	30:09
59	510	Forbes, Lucas	M5	Colonie, NY	30:10
60	466	Whitford, Charles	M11	Delmar, NY	30:13
61	514	Helton, Madelyn	W12	Howes Cave, NY	30:21
62	893	Donohue, Kara	W43	Altamont, NY	30:30
63	434	Knaggs, Maddie	W16	Altamont, NY	30:34
64	500	Weingarten, Bill	M56	Warnerville, NY	30:49
65	504	Wright, Maya	W13	Delanson, NY	31:06
66	446	Osterhout, Cheryl	W62	Altamont, NY	31:10
67	429	Kerins, Junko	W49	Niskayuna, NY	31:16
68	462	Tanski, Stephanie	W39	Altamont, NY	31:45
69	407	Buckley, Eric	M43	Altamont, NY	31:47
70	420	Greeley, Hannah	W23	Schenectady, NY	32:09
71	483	Poeth, Dean	M61	Glenville, NY	32:24
72	430	Kerins, Manami	W15	Niskayuna, NY	32:34
73	501	Weingarten, Jennifer	W22	Warnerville, NY	33:29
74	443	Moore, Jim	M81	Niskayuna, NY	33:46
75	894	Helton, Ben	M6	Howes Cave, NY	34:06
76	513	Helton, Kevin	M42	Howes Cave, NY	34:06
77	502	Weingarten, Liz	W56	Warnerville, NY	34:20
78	521	Utstein, Noah	M8	Delanson, NY	34:25
79	451	Rose, Emily	W28	Delanson, NY	34:33
80	520	Utstein, Kerry	W42	Delanson, NY	34:40
81	503	Weingarten, Olivia	W19	Warnerville, NY	34:49
82	517	Marre, Val	W68	Albany, NY	35:08
83	408	Carpenter, Alice	W71	Delmar, NY	35:24
84	497	Norton, Edward	M62	Albany, NY	35:45
85	493	Klim, Susan	W66	Altamont, NY	35:55
86	515	Vavasour, John	M72	Albany, NY	37:25
87	412	Coryell, Barbara	W54	Ravena, NY	37:36
88	424	Hein, Gail	W69	Altamont, NY	37:40
89	485	Shafer, Meghan	W33	New York, NY	37:42
90	465	Welch, Melanie	W59	Slingerlands, NY	38:05
91	453	Royer, Donna	W51	Schenectady, NY	38:32
92	432	Knaggs, Grant	M12	Altamont, NY	39:01
93	431	Kish, Jenifer	W47	Albany, NY	39:45
94	425	Henson, Kathryn	W62	East Greenbush, NY	39:55
95	433	Knaggs, Katie	W42	Altamont, NY	40:22
96	479	Forbes, Paul	M71	Colonie, NY	40:49
97	488	Collins, Adriana	W67	San Francisco, CA	41:07
98	438	Luker, Jeanne	W33	Glenville, NY	41:10
99	458	Soule-Oneto, Megan	W34	Richmondville, NY	41:11
100	498	Shafer, Tim	M62	Esperance, NY	42:06
101	440	Mahler, Ezra	M6	Esperance, NY	42:06
102	439	Mahler, Alicia	W35	Esperance, NY	42:08
103	454	Royer, Jessica	W25	Mechanicville, NY	44:29
104	421	Gundlach, Eileen	W84	Howes Cave, NY	44:59
105	494	Lee, Ray	M79	Halfmoon, NY	45:46
106	463	Torgersen, Jennifer	W45	Albany, NY	46:26
107	452	Rose, Jesse	M34	Delanson, NY	51:23
108	428	Kelly, Joe	M88	Menands, NY	52:04

Walk Division

Pl	Comp#	Name	Sex/Age	City/State	Time
1	1113	Hull, Jean	W71	Stamford, NY	42:14
2	1114	Love, Robin	W65	Altamont, NY	42:58
3	1111	Appio, Lorraine	W65	Altamont, NY	51:14
4	1110	Appio, Brittany	W36	Altamont, NY	51:14
5	1116	Whitford, Denis	M44	Delmar, NY	52:12
6	1118	Yalden, Melissa	W40	Clifton Park, NY	52:16
7	1115	Rothaupt, Debra	W54	Niskayuna, NY	52:17
8	1112	Gregory, Jenann	W53	Albany, NY	52:18
9	1119	Dixon, Miriam	W39	Albany, NY	52:39
10	1121	Fusco, Gianna	W26	Saratoga Springs, NY	54:31
11	1117	Whitford, Justina	W42	Delmar, NY	54:33

Age Groups

Pl	Name	Sex/Age	City/State	Time
Overall Results Women 5000 Run				
1	Hamm, Rachael	W48	Middleburgh, NY	20:32
2	Moskowitz, Ashley	W20	Camphall Hall, NY	21:31
3	Gathen, Farrier	W38	Kingston, NY	21:47
Overall Results Men 5000 Run				
1	Dominguez, Ramon	M44	Unattached	17:17
2	Leach, Keegan	M17	Lee, MA	17:27
3	Ethier, Tristan	M16	Richmondville, NY	19:14
Women				
1-12 Results				
1	Ough, Hunter	W12	Unattached	28:08
2	Helton, Madelyn	W12	Howes Cave, NY	30:21
13-16 Results				
1	Hyde, Estella	W13	Delanson, NY	23:48
2	Lewit, Sky	W15	Manchester, VT	27:16
3	Knaggs, Maddie	W16	Altamont, NY	30:34
4	Wright, Maya	W13	Delanson, NY	31:06
5	Kerins, Manami	W15	Niskayuna, NY	32:34
17-19 Results				
1	Weingarten, Olivia	W19	Warnerville, NY	34:49
20-24 Results				
1	Bidell, Emma	W21	Voorheesville, NY	23:19
2	Greeley, Hannah	W23	Schenectady, NY	32:09
3	Weingarten, Jennifer	W22	Warnerville, NY	33:29
25-29 Results				
1	Gurney, Caitlin	W27	Altamont, NY	26:28
2	Stafford, Emily	W28	Altamont, NY	26:49
3	Daughtry, Sarah	W29	Altamont, NY	27:10
4	Cowan, Abigail	W27	Warnerville, NY	28:04
5	Degnan, Rachael	W27	Altamont, NY	28:53
6	Rose, Emily	W28	Delanson, NY	34:33
7	Royer, Jessica	W25	Mechanicville, NY	44:29

30-34 Results

1	Lauterbach, Ada	W31	East Berne, NY	21:58
2	Shafer, Meghan	W33	New York, NY	37:42
3	Luker, Jeanne	W33	Glenville, NY	41:10
4	Soule-Oneto, Megan	W34	Richmondville, NY	41:11

35-39 Results

1	Disanto, Clare	W37	Altamont, NY	25:05
2	Tanski, Stephanie	W39	Altamont, NY	31:45
3	Mahler, Alicia	W35	Esperance, NY	42:08

40-44 Results

1	LaGrange, Amy	W43	Altamont, NY	25:35
2	Donohue, Kara	W43	Altamont, NY	30:30
3	Utstein, Kerry	W42	Delanson, NY	34:40
4	Knaggs, Katie	W42	Altamont, NY	40:22

45-49 Results

1	Sornberger, Kacey	W46	Albany, NY	23:39
2	Peltier, Michelle	W49	Albany, NY	29:20
3	Kerins, Junko	W49	Niskayuna, NY	31:16
4	Kish, Jenifer	W47	Albany, NY	39:45
5	Torgersen, Jennifer	W45	Albany, NY	46:26

50-54 Results

1	Comithier, Lara	W54	Greenville, NY	28:49
2	Coryell, Barbara	W54	Ravena, NY	37:36
3	Royer, Donna	W51	Schenectady, NY	38:32

55-59 Results

1	Schiffer, Jacque	W56	Olivebridge, NY	22:44
2	Weingarten, Liz	W56	Warnerville, NY	34:20
3	Welch, Melanie	W59	Slingerlands, NY	38:05

60-64 Results

1	Osterhout, Cheryl	W62	Altamont, NY	31:10
2	Henson, Kathryn	W62	East Greenbush, NY	39:55

65-69 Results

1	Marre, Val	W68	Albany, NY	35:08
2	Klim, Susan	W66	Altamont, NY	35:55
3	Hein, Gail	W69	Altamont, NY	37:40
4	Collins, Adriana	W67	San Francisco, CA	41:07

70-74 Results

1	Ambrosio, Katherine	W71	Delmar, NY	30:09
2	Carpenter, Alice	W71	Delmar, NY	35:24

80-99 Results

1	Gundlach, Eileen	W84	Howes Cave, NY	44:59

Men

1-12 Results

1	Helton, Jaden	M9	Howes Cave, NY	27:48
2	Carle, Theo	M11	Albany, NY	28:39
3	Forbes, Lucas	M5	Colonie, NY	30:10
4	Whitford, Charles	M11	Delmar, NY	30:13
5	Helton, Ben	M6	Howes Cave, NY	34:06

6	Utstein, Noah	M8	Delanson, NY	34:25
7	Knaggs, Grant	M12	Altamont, NY	39:01
8	Mahler, Ezra	M6	Esperance, NY	42:06

13-16 Results

1	Lewit, Isaiah	M13	Manchester, VT	20:19
2	Ough, Rocco	M16	Unattached	25:04
3	Whitford, Jackson	M13	Delmar, NY	27:30

17-19 Results

1	Vogt, Christopher	M17	Delanson, NY	21:39

20-24 Results

1	Darby, Matt	M23	Guilderland, NY	19:58
2	Buff, Clayton	M21	Latham, NY	21:25
3	Poeth Jr, Dean	M20	Glenville, NY	22:35
4	VanDeBogart, Benjamin	M24	Niskayuna, NY	25:49

25-29 Results

1	Pearson, Warren	M27	Albany, NY	22:58
2	Egan, John	M25	Holyoke, MA	25:31

30-34 Results

1	Brooks, Ryan	M33	Schenectady, NY	24:01
2	Appio, Zach	M32	Altamont, NY	25:01
3	Bellizzi, Michael	M32	Albany, NY	25:42
4	Ambrosio, Patrick	M33	Delmar, NY	27:25
5	Pensabene, Charles	M31	East Greenbush, NY	28:01
6	Rose, Jesse	M34	Delanson, NY	51:23

35-39 Results

1	Gorgadze, Giorgi	M36	Altamont, NY	24:46
2	Davis, Eric	M37	Wynantskill, NY	28:44
3	Brady, Michael	M38	Albany, NY	29:25

40-44 Results

1	Lewit, Christopher	M43	Manchester, VT	21:01
2	Buckley, Eric	M43	Altamont, NY	31:47
3	Helton, Kevin	M42	Howes Cave, NY	34:06

45-49 Results

1	Buff, Greg	M49	Latham, NY	23:07
2	McCarthy, John	M49	Albany, NY	26:44
3	Ough, Richard	M48	Unattached	29:09

55-59 Results

1	Mercado, Sam	M58	Newark, NJ	20:20
2	Weingarten, Bill	M56	Warnerville, NY	30:49

60-64 Results

1	Bean, Bill	M61	Scotia, NY	21:27
2	Munson, Rick	M64	Prattsville, NY	22:09
3	Moak, Mike	M64	Unattached	22:24
4	Lucas, Barry	M62	Austin, TX	22:36
5	Darby, Tom	M61	Guilderland, NY	26:07
6	Graffeo, Paul	M60	Albany, NY	30:03
7	Poeth, Dean	M61	Glenville, NY	32:24
8	Norton, Edward	M62	Albany, NY	35:45
9	Shafer, Tim	M62	Esperance, NY	42:06

65-69 Results

1	Cook, Keith	M66	Albany, NY	24:20
2	Bennett, Richard	M69	Clifton Park, NY	27:37
3	Clifford, Robert	M65	Altamont, NY	29:56

70-74 Results

1	Vavasour, John	M72 Albany, NY	37:25
2	Forbes, Paul	M71 Colonie, NY	40:49

75-79 Results

1	Glass, Dave	M75 Glenville, NY	23:18
2	Lee, Ray	M79 Halfmoon, NY	45:46

80-99 Results

1	Moore, Jim	M81 Niskayuna, NY	33:46
2	Kelly, Joe	M88 Menands, NY	52:04