

RESULTS OF HUDSON-MOHAWK ROAD RUNNER'S CLUB - TUESDAY NITE TRACK MEET #5 - JULY 23, 2024

MaleHigh School

400M	Hauser	54.5
800M	Harren	2:22.2
1 Mile	Harren	4:50.4
2 Mile	LaFountain	10:58.6
SP	Pulver	44'6"
Discus	Pulver	125'8"
LJ	O'Neil	20'5"
TJ	Bugbee	38'4"

Open - 29

200M	McNamara	24.6
400M	Foote	51.4
LJ	McNamara	21'7"
TJ	Grimes	41'2"
HJ	McNamara	6'

Submasters (30-39)

2 Mile	Hedderman	12:40.7
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Masters (40-49)

2 Mile	Siebrecht	12:21.8
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Seniors (50-59)

200M	Atwell	38.0
400M	Atwell	84.1
800M	Atwell	3:13.2
1 Mile	Ethier	5:42.5
2 Mile	Atwell	15:13.9

Veterans (60-69)

800M	Kitzrow	2:38.3
1 Mile	Jackson	7:25.6

Juraissac (70+)

400M	Rosenberg	1:50.1
800M	Bennett	3:22.3
1 Mile	Bennett	7:07.6
2 Mile	Bennett	15:37.9
SP	Fortunato	114'9"

FemaleHigh School

800M	Griffin	2:33.1
1 Mile	Milo	6:08.3
LJ	Barnhart	17'8"
TJ	Barnhart	36'2"
SP	Ella	22'6"

Open - 29

400M	Rivet	63.9
1 Mile	Rivet	6:10.5
LJ	Manning	17'2"
TJ	Schmell	30'11"

Submasters (30-39)

400M	Chase	65.9
800M	Hallahan	3:19.2
1 Mile	Holt	6:20.5

Masters (40-49)

100M	Payette	19.9
400M	Payette	1:57.0
1 Mile	Gregory	6:30.6

Veterans (60-69)

400M	Greenwood	1:40.0
1 Mile	Hamilton	6:54.7