



Hudson Mohawk Road Runners Club
General Meeting
Point of Woods Community Center
March 19, 2009

Mission Statement

The Hudson-Mohawk Road Runners Club (HMRRC) is dedicated to promoting the sport of distance running through education and training to promote running as a part of a healthy lifestyle, promoting personal fitness and community through organizing and managing running events, providing means of communication among club members and creating opportunities for social activities. We believe in encouraging participation in running events for individuals of all levels of running abilities and acknowledge that volunteer participation is a foundation upon which HMRRC exists.

Attendance:

Call to Order (M. Kelly): 7:35pm

1. Reading and approval of minutes (B. Light): Need to change the date to February 11, 2009. Marcia Adams made motion to approve minutes second by Rob Moore. Motion passed.

2. Reports of Officers

2.1 President (M. Kelly): Next month's meeting will be held on Wednesday, May 6th at the Point of Woods.

Hiring of Accountant – Mike received two general quotes from accounting firms. After having Chuck Terry review the quotes they decided to go with Alexander W. Cruden & Co.. It will cost between \$2000 and \$3000 to do a mid-level "review".

Barbara Light will be developing an email list for those members who wish to receive the minutes via email. If you are interested in receiving the minutes by email please let Barbara know by contacting her at blight@rfpeck.com

Ragnar Relay – Woodstock to NY – 175 miles; 12 person relay ; May 15-16; you can visit www.ragnar.com for more info.

HMRRC table at GHI event – HMRRC will be having a tent this year. Ed Gillen is the lead person in overseeing the tent. We will need volunteers for the HMRRC tent and to help with the race. If you are able to volunteer for this event, please contact Marcia Adams.

Skidmore students are doing a thesis to determine how to improve running performance.

They are looking for male runners above 18 years who would be interested in participating. Contact Mike Kelly for more information.

2.2 Executive Vice President (M. Warner): We have received 3 nominations for the Distinguished Service Award. We will be voting on the nominees at next months meeting on April 8th. Nominees are: Nancy Briskie, Tom & Marcia Adams and Cathy Sliwinski. Any club member can attend the meeting and is eligible to vote. The Distinguished Service Race is Sunday, May 31st at SUNY.

We are receiving applications for the Schrader Scholarship. Nominations close April 1st and the Scholarship committee will review and make the announcement of the winners on May 1st.

2.3 Executive Vice President – Finance (C. Terry): Report of Income and expenses 2008 compared to 2007. Also noted that back in November we registered with New York State to collect and pay sales tax on our clothing sales. We file and pay on a quarterly basis. Our first quarter was 12/1/08 to 2/28/09 and Chuck filed the New York State sales tax form ST-100 and reported our sales for the quarter of \$631.00 and included payment of 4% sales tax, \$25.24.

2.4 Secretary (B. Light): No report.

2.5 Treasurer (J. Kinnicutt): No report.

3. Reports of Committees

3.1. Membership (E. Gillen): Ed reported that since the last meeting there have been 43 new members and 105 renewals. The total number of members in the database is 3135 with 1956 being active. Ed feels this is an accurate number of our membership. Family counts each member as a member. Percentages of over 50% renewals going out are coming back in. There are currently 820 people on our mailing list. It is a great way to reach out to members, and race directors can use it to send out emails to remind them of upcoming events. Mike thanked Ed for all the work he has put in overseeing the membership.

3.2. Volunteers (M. Adams): Things are going well, we need more volunteers for Delmar Dash, Masters Race, Mother's Day & GHI. If you are able to volunteer for any of these races, please contact Marcia. She is still handing out awards to people for the volunteer recognition program. Marcia thanked Ed for his work on the Delmar Dash application. The online application is going well and she recommends it for other directors to use. Once get through Delmar Dash & GHI she will be putting together another volunteer party.

3.3. Public Relations (R. Moore): Rob sent out information on the Delmar Dash to all papers and news stations. March 5th we had a booth at the Cystic stair climb-all calendars and Pacesetters were given out and there was a very good attendance.

3.4. We will have a booth at the Adirondack Sport & Fitness expo which will be held at the Saratoga City Center on April 4th & 5th. Mike & Rob will work on April 4th and if any one can help out at the booth for Sunday please let Mike know. The Spotlight Newspaper reached out to Mike Kelly about putting in an ad for their new column once a month. \$250 for all areas of the Spotlight reaches with a feature article on running. The ad will include information on our club and dates of our races. There will be a shoe collection at the Freihofer's Run for Women. Cathy Sliwinski will look into getting booth for the Freihofer expo.

3.5. Race Committee (N. Briskie): There were two races since our last meeting, the Winter Marathon and Running of the Green. The marathon had 95 entrants with 75 finishers, and 39 relay teams. Running of the Green had 469 finishers and 13 teams. Next up is the Delmar Dash on April 5th and Bill Robinson Masters Race on April 25th.

3.6. Race Committee Treasurer (P. Zentko): See attached reports.

3.7. Pace Setter (R. Nagengast/M. Adams): The new content editor of the Pacesetter is Kari Gathen. You can send articles for Kari to pacesetterarticles@verizon.net that you would like to submit for the Pacesetter.

3.8. Conflicts Committee (C. Terry): no report

4.9 Safety (V. Juliano): no report

4. Unfinished Business: Insurance issue- Lee Pollock reported that USATF volunteers are covered even if you are not a USATF member. Doug made a motion to un-table the motion from last month about recyclable registration bags to be used for races and for promotional purposes. Marcia seconded. Motion

approved. Discussion continued on the motion for HMRRC to spend up to \$4000 to purchase recyclable bags instead of having money come out of the race accounts. We would be able to get up to 3000 bags all with the HMRRC logo, what it means, list of all races without dates, blue in color with white lettering. Motion to spend \$4000 to purchase bags was approved.

5. New Business: None.

6. Announcements: April refreshments will be provided by Robert Moore, May refreshments by Tom & Marcia Adams. There was a very good turnout at the Adirondack indoor track & field meet. Schenectady farmers market in Proctors arcade is open please visit it will be open 10-3 Sundays.

Adjourn: 8:30PM. Motion to adjourn was made by Marcia Adams, seconded by Mark Warner. Motion approved.

Respectfully Submitted,
Barb Light
Secretary