

On a cool drizzly day Tom Robinson and Rick Ellis turned in outstanding performances. Robinson ran one of the fastest two miles ever in the Capital District.

---

RESULTS of 6 mile relay on July 5.

<u>Team</u>	<u>1m</u>	<u>2m</u>	<u>3m</u>	<u>4m</u>	<u>5m</u>	<u>6m</u>
Bob Ellis - Pat Stewart	5:31	10:38	16:27	21:38	27:15	32:26
John Ross Tom Osler	5:31	10:31	16:37	21:36	27:36	32:33
Fred Kneisel - Kevin Kraszeski	5:43	10:38	16:43	21:35	27:44	32:44
Jim Atwell - Ted Bick	5:34	11:00	16:28	21:55	27:29	32:57
Durke Adams - Rick Ellis	6:11	10:51	17:30	22:17	29:00	33:44
Art Herriott - Tom Wheeler	5:45	11:05	17:08	22:38	28:26	34:01
Don Gray - Tom Kerr	5:41	10:55	16:54	22:35	28:18	34:05
George Hotchkiss - Bill Ghiorai	5:45	11:05	16:52	22:35	28:18	34:06
Richard Griffin - Larry Frederic	6:51	11:43	18:30	23:23	29:50	34:40
Bob Munsey - Don Wilken	6:17	11:23	17:42	22:53	29:28	34:44
Ed Thomas - Joel Prakken	6:51	11:43	18:55	23:58	31:08	36:06

A number of runners turned in surprising performances to make the relay not only a lot of fun but also a hotly contested competition. Footballer and younger brother of Tennessee track and cross country runner Rick Ellis, Bob Ellis teamed with strong striding Pat Stewart to edge out fast closing Tom Osler and his fast starting teammate John Ross.

---

The YMCA sponsored races originally scheduled for July 23 have been postponed until August 20. The Hudson Mohawk Road Runner's Club will hold a 2 mile track and 9 mile road at the Sunya campus on the 23rd