

On July 23 the Albany Y.M.C.A. is sponsoring a number of races in Washington Park including 5 and 10 mile open races, 3.5 mile master's race and other events for children and women. Starting time is 1pm.

RESULTS of 2mi track run June 11

Name	mile 1	mile 2
Joel Paakken	4:53	9:49
Larry Frederic	4:52	9:50
Bill Sorel	4:56	10:14
Kevin Kraszeski	5:08	10:32
Don Wilken	5:21	10:36
Pat Stewart	5:21	10:39
Tom Kerr	?	11:23
Fred Kneisel	?	13:04
Chris Ghiorzi	?	17:45

RESULTS of 6mi road run June 11

Name	3 mile	6 mile
Phil Anderson	19:20	37:14
Tim Atwell	19:20	37:54
Bill Ghiorzi	19:20	37:58
Tom Wheeler	19:20	39:17
Don Wilken	21:15	40:39
Tom Kerr	21:15	41:10
Mel Katz	21:45	43:40
Ed Thomas	21:58	44:13

On a breezy cool day, ran a hotly contested 2 mile race between Larry Frederic and Joel Paakken developed. The former Princeton runner outs printed Frederic in the last lap to win by a yard. 8 year old Chris Ghiorzi finished strong in his first race. In the six mile 4 runners came through the 3 mile together but Phil Anderson pulled away in the final 3 miles to win.

The club has T-shirts with the name of the club across the front for sale for \$2. You can purchase them from Burke Adams either by contacting him at home or catching at one of the races.