

SPORTS DEPARTMENT

COLONIE RECREATION DEPARTMENT'S TUESDAY NITE TRACK SERIES - JUNE 23, 2009

MEN

<u>Open</u>		
100M	Joseph	11.0
110MH	Clute	15.5
200M	Rowell	22.2
400M	Campoli	49.3
800M	Karam	2:06.1
Mile	Clary	4:45.3
2 Mile	Cousey	10:41.7
4 x 100MR	Granger, Perkins, Scott, Bartlett	46.7
SMR	Rowell, Joseph, Jean-Baptiste, Vella	1:36.6
4 x 400MR	Susser, Boardwell, Susser Abara	4:04.6

<u>Masters</u>		
100M	Van Orden	13.8
200M	Earle	29.9
400M	Chris Brozek	70.4
Mile	Van Orden	4:50.5
2 Mile	Furgele	11:51.2
Shot Put	Welkley	30'3"
Javelin	Hannay	185'2"
HJ	Chesky	5'1"

<u>Veterans</u>		
100M	Davis	13.1
200M	Geiger	28.2
400M	Thorne	65.6
800M	Myers	2:54.2
Mile	Fiore	6:30.3
2 Mile	Berkery	18:26.4
Shot Put	Berkery	24'9"

<u>Open</u>		
100M	Plante	11.8
200M	Plante	23.9
400M	Massaroni	69.9
800M	Bordwell	2:34.8
Mile	Hilt	6:04.6
Shot Put	Otero	20'6 3/4"
Discus	Dansereau	50'2"
High Jump	Palmer	5'5"
Long Jump	Shapiro	15'5"
Triple Jump	Shapiro	35'4"

<u>Seniors</u>		
400M	Hein	1:46.1
800M	Hein	3:57.0
Mile	Dott	7:37.4

<u>Jurassic</u>		
Mile	Stockman	9:20.6

<u>Open</u>		
SP	Chase	48'4 1/2"
Discus	Rudd	139'1"
Javelin	Mills	160'
HJ	Scott	5'9"
LJ	Mallory	20'11"
TJ	Clute	38'11"

<u>Submasters</u>		
2 Mile	Catlett	11:01.1

<u>Seniors</u>		
100M	Natalie	13.1
200M	Zacharezenko	30.2
400M	Herkenham	63.8
Mile	Clark	5:35.7
Javelin	Fortunato	125'7"

WOMEN

<u>Submasters</u>		
200M	Sadowski	32.4
400M	Sadowski	74.4
800M	Bialy	3:59.5
Mile	Weaver	5:55.4

<u>Masters</u>		
200M	Daniels	35.2
400M	Daniels	83.3
Mile	Daniels	7:10.5

<u>Veterans</u>		
100M	Von Maltzahn	15.1
400M	Von Maltzahn	74.2
800M	Wong	3:25.2
2 Mile	Wong	15:19.2
HJ	Von Maltzahn	4'