

Under ideal weather conditions, the Colonie Cross-Country team sponsored a 12 hour relay at Colonie High School on Friday and Saturday, July 25-26th, 2008. The relay began at 7:00pm on Friday and ended at 7:00am on Saturday. The idea of the relay is to have each runner on your team take a turn at running one (1) mile at a time for 12 straight hours. We had 7 teams of ten (10) runners. Out of the seventy (70) runners, all but three (3) were able to finish the event. A total of 694.8 miles were run in 12 hours (2,779 laps on the track).

Team Results:

113.6 miles	Phantom
107.4 miles	Niskayunity
104.0 miles	The Fraternity of the Assassins
96.5 miles	Erich's Mom
95.0 miles	Tawa 10
91.3 miles	One Night Stand
87.0 miles	Destined for Last