

SPORTS DEPARTMENT

COLONIE RECREATION DEPARTMENT'S TUESDAY NITE TRACK SERIES - AUGUST 5, 2008

Men

	<u>Open</u>	
100M	Kareem Morris	11.4
200M	Kareem Morris	22.5
400M	Kareem Morris	52.0
400MH	Matt Batease	65.4
800M	Rob Cloutier	1:54.8
Mile	Mark Kopecki	4:34.6
2 Mile	Mark Kopecki	9:49.0
SP	Max DeSieno	39' 5"
Discus	Max DeSieno	129' 3"

	<u>Submasters</u>	
100M	Bob Balch	14.5
200M		
400M	Chris Van Deinise	60.9
800M	Dan Smitas	1:56.6
Mile	Bob Irwin	4:47.2

Masters

100M	Steven McNierney	14.3
200M	Chris Borzek	31.1
400M	Tim McNamara	63.4
400MH		
800M		
Mile	Derek Staley	4:58.6
2 Mile	Tim Hoff	10:41.1
SP	Andy Welkey	31' 5"
Discus	Andy Welkey	86' 3"

Seniors

100M		
200M	Paul Rosenberg	33.7
400M	Chris Murphy	69.1
400MH	Anthony Torre	71.9
800M		
Mile	Joe Natalie	5:30.2
2 Mile	Sean Cummings	11:15.2

Veterans

400M	Gary Geiger	63.2
Mile	Frank Myers	6:00.6

Women

	<u>Open</u>	
100M	Kendra Adams	13.1
200M	Amber Van Epps	28.9
400M	Kendra Adams	61.4
800M	Nicole Irving	2:32.9
Mile	Alyssa Lotmore	5:18.7
2 Mile	Roxanne Wegman	12:49.3
Discus	Brianna Delbene	109' 6"

Submasters

200M	Laura Sadowski	31.5
400M	Laura Sadowski	71.2
800M		
Mile	Estelle Burns	5:37.9

Masters

400M	Judy McNiernie	87.0
Mile	Laura Vink	7:48.3

Seniors

100M	Tanah Corelli	19.1
200M	Tanah Corelli	45.0
400M	Tanah Corelli	93.7
Mile	Martha DeGrazia	6:53.4