

# SPORTS DEPARTMENT

## COLONIE RECREATION DEPARTMENT'S TUESDAY NITE TRACK SERIES - JULY 22, 2008

### Men

<u>Open</u>		
100M	Pat Zongo	11.2
200M		
400M	Ryan Lennon	57.2
800M	Rob Cloutier	1:57.5
Mile	John Moore	4:23.0
2 Mile	Justin Bishop	10:59.4
Javelin	Greg Hannay	159'3"
Shot Put	Matt Wachtel	36'5"
Discus	Matt Wachtel	101'3"

<u>Submasters</u>		
100M	Christian Van Denise	12.6
200M	Joe Petri	24.3
400M		
800M	David Tromp	2:30.1
Mile	Ben Greenberg	4:46.2
2 Mile	David Tromp	12:27.2

### Masters

100M	Chris Borzek	15.1
200M		
400M	Todd Jones	68.2
800M	Kevin Creagan	2:19.3
Mile	Ahmed Elasser	5:16.7
2 Mile	Jim Foley	13:14.3
Discus	Brian Dollard	89'9"

### Seniors

100M		
200M	Charlie Shrader	41.1
400M	Chris Murphy	66.9
800M	Fred Kitzrow	2:12.9
Mile	Chris Murphy	5:33.4
2 Mile	Joe Natalie	12:03.4

### Veterans

100M		
200M	Gary Geiger	27.8
400M	Paul Gansle	69.3
800M		
Mile	Frank Myers	6:05.4

### Jurassic

800	Bob Matteson	5:27.5
Mile	Wade Stockman	7:17.4
2 Mile	Bob Matteson	28:25.6

### Women

<u>Open</u>		
100M	Amber Van Epps	13.8
200M	Alicia Bousa	29.1
400M	Amber Van Epps	68.3
800M	Morgan Cooper	3:02.4
Mile	Cara Janeczko	5:42.8
2 Mile	Emily Finnegan	14:21.0
Javelin	Sara Hannay	84'8"
Shot Put	Edith Carney	29'10"
Discus	Edith Carney	88'

### Submasters

200M	Christina Lesniak	39.3
800M	Judy Wines	3:03.9
Mile	Judy Wines	6:23.1

### Seniors

Mile	Karen Dott	7:49.2
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### Veterans

Mile	Annie Stockman	8:44.5
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