

SPORTS DEPARTMENT

COLONIE RECREATION DEPARTMENT'S TUESDAY NITE TRACK SERIES - JULY 15, 2008

Men

	<u>Open</u>	
100M	Kareem Morris	10.9
110MH	Brian Carter	18.2
200M	Joe Greene	21.7
400M	Joe Greene	48.2
800M	Justin Bishop	2:03.2
Mile	Andy Alstadt	4:21.9
2 Mile	Adam Lozier	10:13.5
Javelin	Greg Coleman	139'
Shot Put	John Rudd	47'7"
Discus	Max DeSieno	125'4"
HJ	Jared Bafaro	6'2"

	<u>Submasters</u>	
100M	Christian Van Denise	12.6
100MH		
200M	Joe Petri	24.9
400M	Joe Petri	56.6
800M	Bob Irwin	2:10.6
Mile	Nick Conway	4:21.4
2 Mile	David Tromp	12:22.1

Masters

100M	Chris Borzek	14.5
100MH	Ron Chesky	20.2
200M	Kevin Creagan	25.9
400M	Kevin Creagan	59.1
800M	Mike Stalker	2:20.2
Mile	Ahmed Elasser	5:22.4
2 Mile	Jim Foley	13:26.2
HJ	Bela Molnar	5'4"
Javelin	Scott Hannay	189'10"
Shot Put	Scott Hannay	42'1"
Discus	Scott Hannay	131'2"

Seniors

100M	Bill Platt	16.4
100MH		
200M	Paul Rosenberg	33.5
400M	Chris Murphy	66.3
800M	Rick Munson	2:25.5
Mile	Tom Dalton	4:57.7
2 Mile	Bill Herkinham	11:59.3
HJ	Neal Warren	4'10"

Veterans

100M	Gary Geiger	13.1
200M		
400M	Darryl Decker	64.9
800M		
Mile	Frank Myers	6:05.5
Shot Put	Steve Mitchell	27'7"
Discus	Steve Mitchell	67'10"

Jurassic

Mile	Wade Stockman	7:17.6
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Women

	<u>Open</u>	
100M	Shatiira Browne	12.7
	Sheriz Mohammed	12.7
100MH	Morgan Wheeler	15.9
200M	Amber Van Epps	29.2
400M	Amber Van Epps	63.9
400MH	Katie Schmidt	83.0
800M	Cara Janeczko	2:28.8
Mile	Cara Janeczko	5:35.3
2 Mile	Lauren Woodcock	13:26.4
HJ	Morgan Wheeler	5'6"
Shot Put	Emily Vogel	33'4"
Discus	Brianna Delbene	117'3"

Submasters

Mile	Polly Kimberly	6:27.6
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Masters

Mile	Emily Bryans	5:12.7
2 Mile	Mary Buck	12:20.5

Seniors

400M	Marsha Plante	43.1
Mile	Cynthia Finnegan	7:13.8

Veterans

Mile	Stockman, Anny	8:39.2
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***JOE GREENE** TIED THE MEET RECORD IN THE 400M AND
EMILY BRYANS SET A MEET RECORD IN MASTER'S MILE*