



**Hudson Mohawk Road Runners Club  
General Meeting  
Point of Woods Community Center  
June 11 2008**

***Mission Statement***

*The Hudson-Mohawk Road Runners Club (HMRRC) is dedicated to promoting the sport of distance running through education and training to promote running as a part of a healthy lifestyle, promoting personal fitness and community through organizing and managing running events, providing means of communication among club members and creating opportunities for social activities. We believe in encouraging participation in running events for individuals of all levels of running abilities and acknowledge that volunteer participation is a foundation upon which HMRRC exists.*

Attendance: Joe Benny, David Newman, Jennifer Senez, Edward Gillen, Judy Lynch, Jim Tierney, Mike Kelly, Barb Light, Chuck Terry, Vince Juliano, Tom and Marcia Adams, Ken Klemp, Ed Neiles, Doug Bowden and Debbie Beach

1. Call to Order (C. Sliwinski): Cathy called the meeting to order at 7:35pm.
2. Reading and approval of minutes (D. Beach): Marcia made a motion to accept the minutes as written with a second by Ed Neiles. All in favor.
3. Reports of Officers
  - 3.1 President (C. Sliwinski): Cathy announced the Election Committee is composed of Ray Newkirk and Dana Peterson with Marcia Adams as the chairperson. She thanked Judy Lynch, Ed Gillen and Tim McGuire for staffing the HMRRC booth at the GHI Workforce Team Challenge. She also thanked Ed Gillen and Joe Benny for staffing the booth at the Freihofer's Run for Women (FRW). Joe was instrumental in arranging the booth at FRW. As Joe Benny is stepping down as Editor of the Pace Setter to accept a job in Boston, Marcia Adams and Robin Nagengast will be taking over. Barb Sorrell will be taking over Marcia's roll as the Photography Coordinator for the Pace Setter.
  - 3.2 Executive Vice President (M. Kelly): Mike announced the scholarship winners will be attending the July meeting and requested photos be taken.
  - 3.3 Executive Vice President – Finance (C. Terry): Chuck announced the Stockade-athon audit was completed and everything was in order. He complimented Charlie Matlock for his attention to detail and organization. The bank account was closed. John Kinnicutt will be taking over the responsibility as treasurer of the Stockade-athon as Charlie Matlock is stepping down from the position.
  - 3.4 Secretary (D. Beach): No report.
  - 3.5 Treasurer (J. Kinnicutt): John e-mailed the Profit and Loss reports to the club officers and Cathy distributed copies to those present.
4. Reports of Standing Committees:
  - 4.1. Membership (E. Gillen): Ed reported there have been 26 new members (with 16 families!) and 43 renewals. For the first time, we've had more new members join online than by paper application. An online membership update article was published in the June Pace Setter. He helped staff a HMRRC tent at the GHI and Freihofer's Run for Women. He gave special thanks to Joe Benny for making it happen at Freihofer's! He has been successful in creating an event online and the registration process worked. This means we can start using Wild Apricot system to create our own online events for

our members and non-members to register. He has started the preliminary work on some of the races that are towards the end of the year or even next year (e.g. the Winter Marathon in Feb. 2009!)

- 4.2. Volunteers (M. Adams): Marcia presented a proposal for volunteer recognition (please see attached document). She has requested club members review the proposal and please feel free to contact her via e-mail ([madams01@nycap.rr.com](mailto:madams01@nycap.rr.com)) with comments or suggestions. Marcia requested the proposal be placed on the agenda for July. The purpose is to objectively recognize volunteers for their efforts and to eliminate the subjective. This program would be in addition to what race directors do for their volunteers. It is hoped it will recognize the "behind the scenes people." If passed it will be published both in the Pace Setter and on the club website.
- 4.3. Public Relations (R. Moore): Rob's report was received via e-mail. He reported he sent out the press releases for the Distinguished Service, Father's Day 5K and Valley Cats 5K races to all the papers. Things going fine. Adirondack Sports and Fitness is having a winter expo (similar to the Spring/Summer Expo this year) In mid November. He was wondering if HMRRC can have a booth for it this year and if needed, he can staff it both days. He will be at the Father's Day race (to run and volunteer if needed). Josh (Albany Running Exchange) needs extra volunteers for the 5K Run for Missing Children on June 28, 2008. It is same course as Freihofer's. If you can help please e-mail him. Joe Benny sent the Father's Day info out the news stations.
- 4.4. Race Committee (N. Briskie, C. Sliwinski): Cathy reported insurance and sanctioning paperwork and fees have been filed for the following club events: Valley Cats 5K, Indian Ladder Trail Run, the Summer Track Series and the Colonie Mile.
- 4.5. Race Committee Treasurer (P. Zentko): Pam's report was received via e-mail on 06/14/08. She reported an opening balance of \$12,438.25 and a closing balance of \$13,919.04. No race reports were received since her last report. The outstanding reports are for the Mother's Day and Distinguished Service races.
- 4.6. Pace Setter (J. Benny): Joe reported the July issue went to press on Monday morning. In preparation for the transition to the new editors he has been meeting with Marcia Adams and Robin Nagengast.
- 4.7. Website (E. Neiles): Ed reported most of the activity on website is mostly related to Wild Apricot. He also reported the club had purchased a software program, which contains an E-commerce feature. Ed will follow up with Ray Newkirk and Ed Gillen.
- 4.8. Conflicts Committee (C. Terry): No report.
- 4.9. Safety (V. Juliano): Vince reported he is still planning writing an article on running in Schenectady and safety. Joe Benny brought up concerns about the Distinguished Service race and the heat. Jim Tierney questioned whether we should have an ambulance present at all club events. Doug Bowden explained the procedure, in the event of an emergency, when races are held on the University at Albany campus. For insurance purposes, the club has to list what the emergency services will be at each event. Marcia and Tom Adams (Delmar Dash) give the emergency dispatcher phone numbers to their course marshals and request they bring a cell phone.

5. Unfinished Business: None

6. New Business

- 6.1 Volunteer recognition (M. Adams): See Standing Committees section under Volunteers.
- 6.2 Stockade-athon expo sponsorship proposal (V. Juliano): Vince reviewed the history of the expo which has been held in the past, but last year it did not occur due to the loss of sponsors. There was a "mini" expo held at the Gazette building during registration

and packet pick-up. This year registration, packet pick-up and the expo will be moved to the renovated Proctor's in downtown Schenectady. The Gazette is working to make it a community event but is concerned about the financial aspect as they are having difficulty getting sponsors. Vince e-mailed a proposal for HMRRRC to become a financial sponsor of the Stockade-athon to Cathy Sliwinski. Cathy will forward the proposal to those who receive the minutes. Vince reported only 30% are club members who participate in the Stockade-athon and this is the only club event held in Schenectady. In return for the \$1500 the club will get a booth in addition to the space we need for registration. The proposal will be discussed at the July meeting.

6.3 Long Term Planning Committee – Cathy distributed a proposal to expand the grant program which will be discussed next month. The committee is composed of David Newman, Ed Neiles, Cathy Sliwinski and Ray Newkirk.

6.4 Mike Kelly reminded everyone the Indian Ladder Trail Run is coming up and asked Ed Gillen to send out an announcement. Joe Benny is including applications in the Father's Day race packets.

7. Announcements - Snacks for the July meeting: Robert Moore

Adjourn: Marcia Adams made a motion to adjourn the meeting at 8:42pm with a second by Joe Benny. All in favor.

Respectfully Submitted,  
Debbie Beach  
Secretary

## PROPOSED VOLUNTEER RECOGNITION PROGRAM

**HOW TABULATED:** Awarding of points will be through the use of the volunteer waiver forms signed at time of race, information regarding coordinators gathered from the race directors, minutes of the Club meetings, appointments and election of persons to various positions.

### POINT SYSTEM

30 points	Club officers: President, Executive Vice President, Vice President for Finance, Treasurer, Secretary, and Race Committee Treasurer; Managing Editor -PaceSetter
25 points	Race Directors, all Committee Chairpersons, Webmaster, Volunteer Coordinator, Clothing Coordinator, Public Relations Coordinator, Editor(s) and Associate Editor(s) – PaceSetter, Production Editors – PaceSetter, Photographer Coordinator – PaceSetter, Advertising/Business Directors - PaceSetter and volunteers with regular scheduled duties (ex. mail retrieval).
15 points	Volunteers who serve as Assistant Race Directors and Race Coordinators, working with race directors in strategic positions at races; Digital Clock and Timer, HMRRRC picnic coordinator(s); and banquet coordinator(s)
10 points	Volunteers who serve on subcommittees; volunteers who organize club presentations and/or public relations events (ex: booth at Freihofers or the Adirondack Sports and Fitness Expo); PaceSetter contributors – articles, photos, etc. when articles or photos are published in the PaceSetter
5 points	All other volunteers at races; members attending the monthly club meetings and all other non-classified volunteers

**RECOGNITION: Recognition is on a calendar year basis – January to December and point accumulation will be for all efforts during each calendar year.**

Continual: Tabulations of volunteer points will be published in the PaceSetter and the website. Any questions should be referred to the Volunteer Coordinator for resolution.

There will be three levels of award recognition. Method of recognition will be determined by

Volunteer Coordinator at the beginning of the Calendar year and will be published in the PaceSetter and posted on the website.

75 points Once a volunteer acquires 75 or more points, he or she is eligible for the Level I Recognition Award.

150 points Once a volunteer acquires 150 or more points, he or she is eligible for the Level II Recognition Award.

TOP 3 The top three point earning volunteers will be invited guests at the Annual HMRRRC Banquet and will be recognized for their dedication and hard work at the banquet.

**Any paid positions will not receive volunteer points and/or recognition credit.**

**Please provide comments/questions to Marcia Adams at [madams01@nycap.rr.com](mailto:madams01@nycap.rr.com).**

**These will be compiled and presented at the next HMRRC meeting**