

COLONIE RECREATION DEPARTMENT'S TUESDAY NITE TRACK SERIES - JULY 20, 2004

Men

<u>Open</u>		
100M	English	10.9
200M	English	22.2
400M	Lozier	55.4
800M	Gurzler	1:57.8
Mile	Davey	4:58.9
2 Mile	Winn	12:01.3
110MH	Molesky	17.9
400MH	Fullman	58.7
Shot Put	Dulmer	43'
Discus	Holland	135'7"

<u>Submasters</u>		
100M	Rinaldi	12.8
200M	Pompey	24.1
400M	Furgele	63.8
800M	Gobel	2:08.6
2 Mile	Furgele	12:41.1

<u>Masters</u>		
100M	Murphy	13.9
400M	Murphy	63.7
800M	Amering	2:22.3
Mile	Murphy	5:12.1
Discus	Morris	115'8"

<u>Seniors</u>		
100M	Sheridan	14.1
200M	Corridan	28.4
400M	Taylor	67.7
800M	Taylor	2:37.3
1 Mile	Taylor	5:54.2
Shot Put	Brown	30'6"
Discus	Brown	112'8"

<u>Veterans</u>		
100M	Gansle	13.5
200M	Gansle	28.1
400M	Gansle	63.4"
1 Mile	Rappazzo	6:46.8

<u>Jurassic</u>		
400M	Freeman	80.7
1 Mile	McFarland	7:45.3
Shot Put	Sheridan	23'
Discus	Sheridan	66'7"

Women

<u>Open</u>		
100M	Poleto	13.3
200M	D'Aniello	27.4
400M	D'Aniello	60.8
800M	Barbolla	2:23.1
1 Mile	Ohm	5:24.2
2 Mile	Ohm	12:57.1
100MH	Coles	16.2
Shot Put	Burns	35'3"
Discus	Burns	80'6"

<u>Masters</u>		
100M	Murphy	18.1
800M	Steffen	3:13.8
1 Mile	Petersen	6:25.9
Shot Put	Reyell	24'1"
Discus	Reyell	50'4"

<u>Seniors</u>		
400M	Shrader	20.4
1 Mile	Choiniere	7:07.7

<u>Veterans</u>		
1 Mile	Stockman	8:03.9