

COLONIE RECREATION DEPARTMENT'S TUESDAY NITE TRACK SERIES - AUGUST 10, 2004 - SHAKER HS

Men

<u>Open</u>		
100M	Strizzi	11.7
200M	Strizzi	24.1
400M	Burns	51.7
800M	Niezgoda	2:10.4
1 Mile	Burns	4:55.1
2 Mile	Catone	11:52.1
Discus	Parsons	144' 2"

<u>Submasters</u>		
200M	Robinson	31.4
1 Mile	Cummings	5:07.8
2 Mile	Furgele	11:41.1
Discus	Dollard	89'

<u>Masters</u>		
400M	Murphy	63.1
1 Mile	Amering	5:39.6
Discus	Morris	115' 7"

<u>Seniors</u>		
400M	Taylor	60.8
800M	Concordia	2:25.5
1 Mile	Myers	5:50.2
Shot Put	Brown	30'
Discus	Brown	106' 10"

<u>Veterans</u>		
200M	Rappazzo	30.8
400M	Rappazzo	63.8
800M	Westoff	2:47.0
1 Mile	Caccuitto	6:53.9

Women

<u>Open</u>		
100M	Baratto	14.8
200M	Smith	29.9
1 Mile	Fung	5:24.6
2 Mile	Fung	11:58.2

<u>Submasters</u>		
800M	Buff	2:39.1

<u>Masters</u>		
100M	Murphy	18.9
200M	Briskie	35.9
1 Mile	Briskie	6:22.8

<u>Senior</u>		
100M	Shrader	20.4
400M	Shrader	2:02.7
1 Mile	Finnegan	6:51.8

**LAST MEET OF 2004; HAPPY TRAILS!**