

**HMRRC's 44th Hour Run at the Colonie High School Track, Colonie, NY
Thursday, 13 July, 2017 at 6:15 pm**

HMRRC's 44th Hour Run began at 6:15 pm on Thursday, 13 July, 2017 at the Colonie High School Track. Eighteen runners competed, as well as a couple of additional walkers, and 17 finishers provided results, all finishing in a record time of 60 minutes.

Anthony Giuliano (age 38) from Niskayuna ran 42-3/4 laps, keeping up a 5:39 minutes / mile pace, and joining the ranks of illustrious 10 mile club for men. That distance threshold has been crossed 69 times since the race originated. Congratulations, Anthony! Kathleen Beeman was the lead runner among the five women finishers. No female runner entered the celebrated 9 mile club roster for women this year.

Runners ranged from 4.63 miles to 10.62 miles per hour in pace in this event, which was made possible by a stalwart crew of volunteers: Ken Klapp, Mark Warner, Laurel Petersen, Karen Dott, Ken Skinner, and Wade Stockman (who also ran). Thanks also to Frank Meyers for his help in making the Colonie High School Track available.

Many thanks to everyone who participated by running, volunteering, rooting and encouraging, and helping in many other ways!