

Mar. 18, Sunday, Roosevelt Raceway, Westbury, L. I., the annual
Earth Day-Cherry Tree Marathon.

April 16, Monday (Patriot's Day), the Boston Marathon.

RESULTS of the 3 and 9 mile runs, Sun. Jan. 7, SUNYA:

	<u>3 miles</u>	<u>6 miles</u>	<u>9 miles</u>
Jim Bowles	17:58	38:13	56:10
Bill Boyle	18:16		
Don Wilken	20:20	40:35	59:13
Fred Costello	20:20		
Mal McConnell	20:58		
Steve McConnell	21:45		
Bill Shrader	24:10		
Joan McConnell	32:10		
Greg McConnell	33:07		

It was a beautiful but bitterly cold day (temperature 10°, wind SW 26 mph, wind chill temperature -29°), and it took much courage to venture out onto the windy SUNYA course. Four members of the McConnell family dragged each other out of their warm bus and made it around. Only Don Wilken, into serious training for Boston, and Jim Bowles did 9. Jim is back in Albany after an absence of several years. He is a dedicated supermarathoner who competed in the Olympic Trials in the marathon, and "warmed up" for the run by doing 16 miles in the morning! If you don't believe it possible to run 200 miles a week, ask Jim--he'll no doubt tell you it's easier to do it in California!

Thanks to Bill Shrader we have the 10,000 meter results, on the next page.