No. 1 . 12208. This week's editor: Childs.

RESULTS of the 3 mile run, SUNYA campus, April 8.

1. Jim Shrader 14:25 9. Al McKinlay 2. Bill Boyle 18:58 15:36 10. Steve McConnell 3. Jim Bowles 19:25 16:10 11. Ed Thomas 4. Ted Bick 19:30 16:34 12. Lindsay Childs 5. Paul Rosenberg 19:31 16:45 13. Don Wilken 19:32 6. Pat Stewart 16:49 14. John Ross 19:39 7. Greg Wilcox 17:06 15. Joe Ciccone 20:29 8, Tim Atwell 17:54 16. Mal McConnell 21:12

Jim Shrader, 24 hours after breaking the State Univ. at Albany 2-mile record by more than 20 seconds, ran away with the 3 mile run in the best time ever for a HMRRC race. The Boston Marathon entrants divided into those who ran hard: Boyle, Bowles and Bick, and Thomas (who knocked 30 seconds off his personal best); and those who didn't: Childs, Wilken, ial McConnell.

The 3 mile was preceded by a one mile jog around the lake featuring everyone from Jim Shrader to some who never realized a mile was such a long distance! There was a large turnout of men, women and children of all ages. We hope to have this kind of event regularly.

COMING EVENTS

Annil 16 Rooton Marathon. Entries closed April 1. So if you